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SAMUEL D. SPENCER, PH.D.

Assistant Professor
Department of Psychology
University of North Texas
Licensed Psychologist: Texas (#40075)
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EDUCATION AND TRAINING

- 2024 **Postdoctoral Fellowship**
Baylor College of Medicine, Houston, TX
Menninger Department of Psychiatry & Behavioral Sciences
Mentor: Eric Storch, Ph.D.
- 2023 **Predoctoral Internship**
Baylor College of Medicine, Houston, TX
Menninger Department of Psychiatry & Behavioral Sciences
Training Director: Phoung Nguyen, Ph.D.
- 2023 **Ph.D., Clinical Psychology**
University of Hawai‘i at Mānoa, Honolulu, HI
Advisor: Akihiko Masuda, Ph.D.
- 2018 **M.A., Clinical Psychology**
Minnesota State University, Mankato, Mankato, MN
Advisor: Jeffrey Buchanan, Ph.D.
- 2016 **B.S., Psychology**
Minnesota State University, Mankato, Mankato, MN
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EMPLOYMENT

- 08/2025-current **Associate Director of Clinical Training**
Department of Psychology, University of North Texas, Denton, TX
- 08/2024-current **Assistant Professor (tenure track)**
Department of Psychology, University of North Texas, Denton, TX
- 07/2024-current **Adjunct Assistant Professor (voluntary)**
Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of
Medicine, Houston, TX
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AWARDS AND RECOGNITION

04/2026	2025-26 Excellence in Mentorship Award, Department of Psychology, University of North Texas
06/2025	Latin American Trans-Ancestry Initiative for OCD Genomics (LATINO) Outstanding Collaborator for June, 2025
10/2023	Clinical Affiliate, Clinical Studies Program, Department of Psychology, University of Hawai‘i at Mānoa
06/2023	Paul Baer Research Award, Psychology Internship, Baylor College of Medicine, Department of Psychiatry and Behavioral Sciences
04/2023	Early Career Mentorship Award, Association for Contextual Behavioral Science (ACBS). Mentor: Michael Levin, Ph.D.
03/2022	Student Spotlight Award, Association for Contextual Behavioral Science (ACBS). https://contextualscience.org/student_spotlight_award_recipient_samuel_spencer
03/2021	Mirikitani Outstanding Dissertation Award Endowment, University of Hawai‘i at Mānoa
01/2019	Graduate Student Merit Award, Department of Psychology, University of Hawai‘i at Mānoa

RESEARCH FUNDING

Process-based Approach for GenZ Anxiety (PAGZA)

Funding Agency: National Institutes of Health- National Institute of Mental Health: Research Project Grant- Parent R33/R61
Role: Co-Investigator (Nicholas Borgogna, PI)
Total Amount: \$458,822 (sub-award amount)
2027-2032
Status: Under Review

Acceptance and Commitment Therapy to Improve Wellness and Reduce Chemsex in Men

Funding Agency: National Institutes of Minority Health and Health Disparities: Research Project Grant- Parent R01
Role: Co-Investigator (Nicholas Borgogna, PI)
Total Amount: \$458,822 (sub-award amount)
2026-2031
Status: Under Review

5. Development and Pilot-Testing of a Novel Cognitive-Behavioral Intervention for Misophonia as a Conditioned Aversive Reflex Disorder

Funding Agency: Misophonia Institute
Role: Principal Investigator
Total Amount: \$37,000
2025-2027
Status: Funded, In progress

**4. Trans-Ancestry Genomic Analysis of Obsessive-Compulsive Disorder- Site Agreement
(Parent project: U01MH125062)**

Funding Agency: National Institutes of Mental Health (NIMH)
Role: Principal Investigator of contract
Total Amount: ~\$50,000 (depending on recruitment volume)
2022-2026
Status: Funded, Completed

3. Pupillometry as a Biomarker for Outcomes in Deep Brain Stimulation for Treatment-resistant Obsessive-Compulsive Disorder

Funding Agency: Mark A. Wallace Endowment Award
Role: Co-Investigator (Wayne K. Goodman, co-PI)
Total Amount: \$249,850
2023-2024
Status: Funded, Completed

2. Acceptance and Commitment Therapy as a Transdiagnostic Treatment for Mental Health Concerns among Adults in Hawaii

Funding Agency: Association for Contextual Behavioral Science Research Development Grant
Role: Principal Investigator (Akihiko Masuda, co-PI)
Total Amount: \$5,000
2020-2022
Status: Funded, Completed

1. Improving Native Hawaiian Mental/Behavioral Health Through Development of Culturally Informed Additive Treatment Packages

Funding Agency: Infrastructure Support via NIMHD U54MD007601 (co-PIs: Hedges/Mokuau).
Ola HAWAII: Health & Wellness Achieved by Impacting Inequalities (Ola HAWAII).
Role: Project Coordinator (Akihiko Masuda, sub-award PI)
2020-2021
Status: Funded, Completed

Funding That Didn't Work Out

The Social Media Wellness, Health, and Treatment Study (So WHaT)

Funding Agency: National Institutes of Health- National Institute of Mental Health: Research Project Grant- Parent R01
Role: Co-Investigator (Nicholas Borgogna, PI)
Total Amount: \$461,516 (sub-award amount)
2026-2031
Status: Not Funded

Piloting a Process-Based Therapy Approach for GenZ Individuals with Anxiety

Funding Agency: Association for Contextual Behavioral Science Research Development Grant
Role: Co-Investigator (Nicholas Borgogna, PI)
Total Amount: \$5,000

2026-2027

Status: Not Funded

Examining Underlying Mechanisms of OCD and Behavioral Addictions: An EEG study in a Clinical Sample

Funding Agency: Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship (F31)

Role: Consultant (David Johnson, student-PI)

Total Amount: \$30,000

2025

Status: Scored, Not Funded

An Open Trial Examining a Personalized Network-Based Case Conceptualization Tool for Treating OCD

Funding Agency: International OCD Foundation

Role: Principal Investigator (Nicholas Borgogna, Co-PI)

Total Amount: \$50,000

2025-2026

Status: Not Funded

Examining the Efficacy of a Process-Based Therapy Approach to Treatment of Adults with OCD who have not Responded to Previous Interventions

Funding Agency: Department of Psychology at University of North Texas Bonney Fund Internal Seed Grant Mechanism

Role: Principal Investigator

Total Amount: \$25,000

2025-2026

Status: Not Funded

Stress Testing a Minority Stress Group Therapy Intervention for LGBTQ+ Adults with OCD

Funding Agency: International OCD Foundation

Role: Co-Principal Investigator (Nicholas Borgogna, PI)

Total Amount: \$50,000

2024-2025

Status: Not Funded

Neurophysiological and Behavioral Correlates of Threat-based Information Processing in Misophonia

Funding Agency: The REAM Foundation: Misophonia Research Fund

Role: Principal Investigator

Total Amount: \$200,000

2023-2025

Status: Not Funded

Multiple Roads to Rome: A Randomized Controlled Trial Testing Idiographic Network Conceptualizations for OCD

Funding Agency: International OCD Foundation (IOCDF)

Role: Co-Investigator (Nicholas Borgogna and Clarissa Ong, co-PIs)
Total Amount: \$50,000
2023-2024
Status: Not Funded

Acceptance and commitment therapy (ACT) as a transdiagnostic, process-based approach to treatment for mental health concerns: A mechanism of change analysis using a within-subjects experimental design

Funding Agency: Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship (F31)
Role: Student PI (Akihiko Masuda and Earl Hishinuma, co-mentors)
2020
Status: Scored, Not Funded

PUBLICATIONS

Peer-reviewed manuscripts

*Denotes undergraduate or graduate mentee. † Denotes shared first authorship.

- (61.) **Spencer, S. D.**, Pinciotti, C. M., & Borgogna, N. C. (accepted for publication). Dialectical tension between individual- and sociocultural-level processes in cognitive-behavioral therapy. Commentary on Cruwys et al. "CBT is social: Evidence that core processes in cognitive behaviour therapy are socially structured." *Clinical Psychology: Science and Practice*.
- (60.) Fair, L. G. *, Greenberg, R. L., Trent, E. S., Church, M., McCarty, R. J., **Spencer, S. D.**, Pinciotti, C. M., & Storch, E. A. (accepted for publication). Breaking the silence: Exploring the experiences of mental health-related self-disclosure in adults with obsessive-compulsive disorder. *Personalized Medicine in Psychiatry*.
- (59.) Silverman, W. K., **Spencer, S. D.**, & McKay, D. (accepted for publication). Mental health treatments under scrutiny: Benefits, harms, and the cost of inaction. *Journal of Consulting and Clinical Psychology*.
- (58.) Pinciotti, C. M., Higham, M. L., Avery, J. E., Wiese, A. D., **Spencer, S. D.**, Kuckertz, J. M., Falkenstein, M. J., Kriegshauser, K., Feinstein, B. A., Bezaehler, A., & Storch, E. A. (accepted for publication). Measurement invariance of obsessive-compulsive disorder self-report measures in sexual and gender minority individuals. *Psychological Assessment*.
- (57.) Whittington, D. D., Billings, R., Pagano, L., Aita, S. L., Vaughn, J., **Spencer, S. D.**, & Borgogna, N. C. (accepted for publication). Is more treatment truly better? A meta-analysis of the dose-response effect of individual psychotherapy for treatment of generalized anxiety disorder in adults. *Journal of Cognitive Psychotherapy*.

- (56.) Borgogna, N. C., Owen, T., **Spencer, S. D.**, Jo, D., Maddieh, J., Vaughn, J., Nia, N., Shegedin, M., Meyer, C. L., Johnson, D., Yang, Y., Lee, U., Owen, A., Firoozan, A., Petrovitch, D., Whittington, D., Paez, E., Himes, K., Brazil, K., Pagano, L., Ma'edah, I., Ibora, M., Mohammadaliha, N., Asgharian, S., Lin, S., Aita, S., Chirokoff, V., Ikonomou, V., & Hill, B. (online first). A cross-cultural incremental effects meta-analysis of acceptance and commitment therapy for depression: Does targeting depression even matter? *Cognitive Behaviour Therapy*, 1 – 14. doi.org/10.1080/16506073.2026.2633192
- (55.) Pinciotti, C. M., Foshee, K. L., Upshaw, B. M., **Spencer, S. D.**, Hershfield, J., Park, J., Franklin, M. E., & Storch, E. A. (2026). Prevalence and regional patterns of identity-related OCD across the United States: Findings from The National OCD Survey. *Psychiatry Research*, 364, 117285. https://doi.org/10.1016/j.psychres.2026.117285
- (54.) Nakamura, L., **Spencer, S. D.**, Jo, D., Hamagami, F., Hishinuma, E. S., Cerila C. Rapadas, Callum T. Henwood, & Masuda, A. (2026). Racial and gender differences in mindfulness, engaged living, and psychological inflexibility within a Hawai'i-based college sample. *Behavioral Sciences*, 16(6), 1010. https://doi.org/10.3390/bs16061010
- (53.) Moon, E. J., Garos, S., Brasil, K. M., Kraus, S. W., **Spencer, S. D.**, & Borgogna, N. C. (2026). Transdiagnostic psychopathology among individuals with co-occurring problematic pornography use and alcohol use problems. *Journal of Affective Disorders*, 403, 121459. https://doi.org/10.1016/j.jad.2026.121459
- (52.) Myers, A. *, Jo, D., **Spencer, S. D.**, Guzick, A. G., Palo, A., Berry, L. N., & Storch, E. A. (2026). Psychometrically examining the family accommodation scale- anxiety (FASA) in a multi-study sample of treatment-seeking youth. *Journal of Psychopathology and Behavioral Assessment*, 48, 2. https://doi.org/10.1007/s10862-025-10262-4
- (51.) Wagner, K. M., Cervin, M., Rast, C., Pardes, M., Murphy, N., **Spencer, S. D.**, Storch, E.A., & Guzick, A. G. (2026). Examining sleep-related problems in youth with misophonia. *Journal of Clinical Psychology*, 82(3), 221 – 470. https://doi.org/10.1002/jclp.70075
- (50.) Anderberg, J. L.*†, Barry, K.*†, Upshaw, B. M.*, Mangen, K. H., **Spencer, S. D.**, Guzick, A. G., Ayton, D. M., Palo, A., Candelari, A. E., & Storch, E. A. (2026). Secondary youth-level mechanisms of change in parent training for anxious youth. *Child and Youth Care Forum*, 55, 1 – 19. https://doi.org/10.1007/s10566-025-09880-6
- (49.) Frederick, R. M.*, Smáráson, O.*, Boedeker, P. J., **Spencer, S. D.**, Guzick, A. G., & Storch, E. A. (2026). An exploratory analysis of child characteristics predicting clinical outcomes in parent-led

- cognitive behavioral teletherapy for anxiety in autistic children. *Journal of Autism and Developmental Disorders*, 56(5), 1795 – 1807. <https://doi.org/10.1007/s10803-024-06680-0>
- (48.) **Spencer, S. D.**, Pinciotti, C. M., Leuchter, J. D., Young, A. K., Rast, C. E., Guzick, A. G., Small, B. J., Goodman, W. K., McGuire, J. F., Wilhelm, S., Geller, D., & Storch, E. A. (2025). Symptom dimensions of pediatric obsessive-compulsive disorder: Exploratory examination of associations with clinical features and response to cognitive-behavioral therapy. *Journal of Obsessive-Compulsive and Related Disorders*, 46, 100969. <https://doi.org/10.1016/j.jocrd.2025.100969>
- (47.) Upshaw, B. M., **Spencer, S. D.**, Pinciotti, C. M., Zhyrov, V., Minhajuddin, A., Castillo, A. A., Abacan, A., Slater, H., Walker, R. A., Blader, J. C., Martin, S. L., Shahidullah, J. D., Soares, Harper, R. A., Guerra, M., Goodman, L. C., Goodman, W. K., Wakefield, S. M., Trivedi, M., & Storch, E.A. (2025). Attention-deficit hyperactivity disorder in youth with major depressive disorder in the Texas Youth Depression and Suicide Research Network (TX-YDSRN): Clinical correlates and moderators. *Journal of Attention Disorders*, 29(13), 1231 – 1246. <https://doi.org/10.1177/10870547251353392>
- (46.) **Spencer, S. D.**, McKay, D., Mangen, K. H., & Rabasco, A. (2025). A pilot clinical trial examining exposure and stress management therapy for adults with misophonia. *Journal of Psychiatric Practice*, 31(5), 251 – 259. <https://doi.org/10.1097/prs.0000000000000874>
- (45.) **Spencer, S. D.**, & Levin, M. E. (2025). Introduction to acceptance and commitment therapy (ACT): Theoretical, practical, and empirical foundations. *Psychiatric Clinics of North America*, 48(3), 429 – 441. <https://doi.org/10.1016/j.psc.2025.02.002>
- (44.) **Spencer, S. D.**, Jo, D., Hill, M. L., Meyer, M. S., Firoozan, A., & Masuda, A. (2025). Monitoring clinically relevant behavior and experiential avoidance throughout the course of acceptance and commitment therapy: A single-case quasi-experimental study. *Behavior Modification*, 49(4), 377 – 419. <https://doi.org/10.1177/01454455251343301>
- (43.) Drummond, K. N., Guzick, A. G., **Spencer, S. D.**, Pinciotti, C. M., Bivins, E. J., Minhajuddin, A., Slater, H., Gorman, A., Goodman, L. C., Walker, R. A., Wakefield, S. M., Wang, T., Chanoi, C., LaGrone, J. M., Soares, J. C., Smith, M., Lambie, F., Hughes, J. L., Snyder, S. A., Goodman, W. K., Trivedi, M. H., & Storch, E. A. (2025). Characterizing therapy experiences in youth with depression and suicide via the depression treatment experiences questionnaire. *Clinical Psychology & Psychotherapy*, 32(3), e70088. <https://doi.org/10.1002/cpp.70088>

- (42.) **Spencer, S. D.**, Borgogna, N. C., Owen, T., Rast, C. E., Johnson, D., Cheng, J. S., Castillo, A., Storch, E. A., Cervin, M., & Hollon, S. D. (2025). A systematic review of potential publication bias in US National Institutes of Health-funded trials of psychological treatments for obsessive-compulsive disorder. *Personalized Medicine in Psychiatry*, 51-52, 100154.
<https://doi.org/10.1016/j.pmip.2025.100154>
- (41.) Silverman, W. K., & **Spencer, S. D.** (2025). Considering historical context, current societal trends, and implications for understanding harm in youth mental health treatment: A broader lens to the *Primum non nocere* special issue. *Research on Child and Adolescent Psychopathology*, 53, 817 – 830. <https://doi.org/10.1007/s10802-025-01324-y>
- (40.) **Spencer, S. D.**, & McKay, D. (2025). *Primum non nocere*: Toward a greater understanding of the potential for harm in psychological treatments for youth. *Research on Child and Adolescent Psychopathology*, 53, 597 – 607. <https://doi.org/10.1007/s10802-025-01323-z>
- (39.) Pinciotti, C. M., Upshaw, B. M., **Spencer, S. D.**, Park, J. M., Franklin, M. E., Wadsworth, L. P., Riemann, B. C., Goodman, W. K., & Storch, E. A. (2025). Preferences for justice-based exposure and response prevention among individuals with identity-related obsessive-compulsive disorder. *Behavior Therapy*, 56(4), 753 – 767. <https://doi.org/10.1016/j.beth.2024.12.001>
- (38.) Trent, E. S., Lanzillo, E. C., Wiese, A. D., **Spencer, S. D.**, McKay, D., & Storch, E. A. (2025). Potential for harm in the treatment of pediatric obsessive-compulsive disorder: Pitfalls and best practices. *Research on Child and Adolescent Psychopathology*, 53, 729 – 745.
<https://doi.org/10.1007/s10802-024-01258-x>
- (37.) **Spencer, S. D.**, Petersen, J. M., Schneider, R. L., Guzick, A. G., & McGuire, J. F. (2025). Clinical considerations for integrating ethical principles of beneficence in the development of evidence-based interventions: The case of pediatric misophonia. *Research on Child and Adolescent Psychopathology*, 53, 625 – 637. <https://doi.org/10.1007/s10802-024-01247-0>
- (36.) Armstrong, G. M.*, Anderberg, J. L.*, Gorman, A. R., **Spencer, S. D.**, Minhajuddin, A., Ecker, A. H., Spofford, J., Guzick, A. G., Slater, H., Aloor, F. Z., Flores, A. M., Lagrone, J. M., Marino, E. N., Soutullo, C. A., Wakefield, S. M., Goodman, W. K., Trivedi, M. H., & Storch, E. A. (2025). Problematic substance use in depressed youth: Associations with suicidal ideation and suicide attempt history. *Journal of Dual Diagnosis*, 21(1), 35 – 48.
<https://doi.org/10.1080/15504263.2024.2434219>
- (35.) **Spencer, S. D.**, Pinciotti, C. M., Murphy, C., Hertz, A., Wiese, A. D., Wood, J. J., Kendall, P. C., & Storch, E. A. (2025). Concurrent validity of the anxiety disorders section of the anxiety

disorder interview schedule- autism spectrum addendum (ADIS-ASA) in autistic youth. *Journal of Autism and Developmental Disorders*, 55(11), 4057 – 4067. <https://doi.org/10.1007/s10803-024-06496-y>

- (34.) Johnson, D. A. L., Borgogna, N. C., Ingram, P. B., Warlick, C., **Spencer, S. D.**, Mims, C. E., Bunnell, K. L., & Nielsen, J. A. (2024). The scrupulosity obsessions and compulsions scale: A measurement of scrupulosity within an OCD framework. *Journal of Obsessive-Compulsive and Related Disorders*, 43, 100918. <https://doi.org/10.1016/j.jocrd.2024.100918>
- (33.) Pinciotti, C. M., Rast, C. E., Wiese, A. D., Foshee, K. L., **Spencer, S. D.**, Upshaw, B. M., Guzick, A. G., Goodman, W. K., & Storch, E. A. (2024). Psychometric properties of the Yale-Brown Obsessive Compulsive Scale – II Self-report. *Journal of Psychiatric Practice*, 30(6), 421 – 427. <https://doi.org/10.1097/prs.0000000000000823>
- (32.) **Spencer, S. D.**†, Silva, T.†, Higham, M., Castillo, A. A., Minhajuddin, A., Gorman, A., Goodman, L. C., Pinciotti, C. M., Hernandez, S., Slater, H., Soutullo, C. A., Hettrema, J. M., Azhar, N. A., Goodman, W. K., Trivedi, M. H., & Storch, E. A. (2024). Measurement invariance of the Screen for Child Anxiety Related Emotional Disorders (SCARED) across ethnicity, age, and sex among youth with depression. *Personalized Medicine in Psychiatry*, 47-48, 1000134. <https://doi.org/10.1016/j.pmip.2024.100134>
- (31.) Lin, L-Y., Jo, D., **Spencer, S. D.**, & Masuda, A. (2024). The role of engaged living in the association between self-concealment and psychological distress among racially diverse college students. *Journal of Contextual Behavioral Science*, 33, 100811. <https://doi.org/10.1016/j.jcbs.2024.100811>
- (30.) **Spencer, S. D.**, Kim, S-K., McKay, D., & Asmundson, G. J. G. (2024). Examination of COVID stress syndrome facets and relations to substance abuse using profile analysis via multidimensional scaling (PAMS). *Journal of Affective Disorders*, 361, 659 – 653. <https://doi.org/10.1016/j.jad.2024.06.044>
- (29.) Jo, D., Goh, P. K., Lin, S. L., **Spencer, S. D.**, & Masuda, A. (2024). Bridging eating disorder symptoms and psychological flexibility and inflexibility in racially diverse emerging adult women. *Journal of Contextual Behavioral Science*, 32, 100766. <https://doi.org/10.1016/j.jcbs.2024.100766>
- (28.) Lau, S. B., Jo, D., Nakamura, L., **Spencer, S. D.**, & Masuda, A. (2024). The role of the internalized model minority myth on mental health-related attitudes within a Hawaii-based sample of Asian

American college students. *International Journal for the Advancement of Counselling*, 46, 306 – 322. <https://doi.org/10.1007/s10447-024-09552-5>

- (27.) Masuda, A., Nakamura, L., Preston-Pita, H., Hermosura, S., Morgan, L., Stueber, K., **Spencer, S. D.**, Qina'au, J., & Austin-Seabury, A. (2024). Native Hawaiians' views on depression and preferred behavioral health treatments: A preliminary qualitative investigation. *The Journal of Behavioral Health Services & Research*, 51(2), 203 – 218. <https://doi.org/10.1007/s11414-023-09874-z>
- (26.) Onyeka, O. C., **Spencer, S. D.**, Salloum, A., Jiannetto, K., & Storch, E. A. (2024). The role of family accommodation in child posttraumatic stress symptoms and functional impairment in the context of cognitive behavioral therapy. *Journal of Affective Disorders*, 346(1), 252 – 259. <https://doi.org/10.1016/j.jad.2023.10.144>
- (25.) **Spencer, S. D.**, Mangen, K., Omar, Y. O., & Storch, E. A. (2024). Acceptance and commitment therapy for an emerging adult female with misophonia: A case study. *Journal of Psychiatric Practice*, 30(5), 374 – 378. <https://doi.org/10.1097/prs.0000000000000800>
- (24.) Stiede, J. T., **Spencer, S. D.**, Onyeka, O. C., Mangen, K., Church, M. J., Goodman, W. K., & Storch, E. A. (2024). Obsessive-compulsive disorder in youth. *Annual Review of Clinical Psychology*, 20, 355 – 380. <https://doi.org/10.1146/annurev-clinpsy-080822-043910>
- (23.) Church, M., Mangen, K. H., Stiede, J. T., **Spencer, S. D.**, & Storch, E. A. (2024). The role of between-session homework in cognitive-behavioral therapy for comorbid obsessive-compulsive disorder and autism: A case vignette. *Journal of Clinical Psychology: In Session*, 80(4), 855 – 870. <http://doi.org/10.1002/jclp.23580>
- (22.) Qina'au, J., **Spencer, S. D.**, & Sasaki, J. (2024). Trauma, mindfulness, distress, and wellbeing in “mixed” vs. monoracial emerging adults. *International Journal for the Advancement of Counselling*, 46(1), 1 – 19. <https://doi.org/10.1007/s10447-023-09530-3>
- (21.) Borgogna, N. C., **Spencer, S. D.**, Johnson, D., Brasil, K. S., McDermott, R. C., Kraus, S. W., & Buchanan, J. A. (2023). The development and validation of the experiential avoidance rating scale (EARS): A self-report questionnaire that *might* actually measure experiential avoidance. *Journal of Contextual Behavioral Science*, 30, 121 – 131. <https://doi.org/10.1016/j.jcbs.2023.10.001>
- (20.) **Spencer, S. D.**, Zimmerman, M. B., Donis, N., Rodrigues, M., Jackson, D. O., & Dindo, L. (2023). Reintegration challenges among post-9/11 Veterans: The role of mental health symptoms and

- resilience- and avoidance-based coping strategies. *Journal of Contextual Behavioral Science*, 30, 97 – 105. <https://doi.org/10.1016/j.jcbs.2023.09.007>
- (19.) Armstrong, G. A.*, Greenberg, R. L., Smarason, O., Frederick, R. M., Guzick, A. G., Schneider, S. C., **Spencer, S. D.**, Cervin, M., & Storch, E. A. (2023). Factors associated with internalizing and externalizing symptoms in a clinical sample of youth with misophonia. *Journal of Obsessive Compulsive and Related Disorders*, 39, 100831. <https://doi.org/10.1016/j.jocrd.2023.100831>
- (18.) Jo, D., Im, S., Suh, D. E., **Spencer, S. D.**, & Masuda, A. (2023). The personalized psychological flexibility index (PPFI): An item response theory analysis with racially diverse college students. *Journal of Psychopathology and Behavioral Assessment*, 45, 829 – 843. <https://doi.org/10.1007/s10862-023-10076-2>
- (17.) **Spencer, S. D.**, Guzick, A. G., Cervin, M., & Storch, E. A. (2023). Mindfulness and cognitive emotion regulation in pediatric misophonia. *Journal of Contextual Behavioral Science*, 29, 182 – 191. <https://doi.org/10.1016/j.jcbs.2023.07.005>
- (16.) **Spencer, S. D.**, Stiede, J. T., Wiese, A. D., Guzick, A. G., Cervin, M., McKay, D., & Storch, E. A. (2023). Things that make you go Hmm: Myths and misconceptions in cognitive-behavioral therapy for obsessive-compulsive disorder. *Journal of Obsessive Compulsive and Related Disorders*, 37, 100805. <https://doi.org/10.1016/j.jocrd.2023.100805>
- (15.) **Spencer, S. D.**, Stiede, J. T., Wiese, A. D., Goodman, W. K., Guzick, A. G., & Storch, E. A. (2023). Cognitive-behavioral therapy for obsessive-compulsive disorder. *Psychiatric Clinics of North America*, 46(1), 167 – 180. <https://doi.org/10.1016/j.psc.2022.10.004>
- (14.) **Spencer, S. D.**, Meyer, M.S., & Masuda, A. (2023). A case-series study examining acceptance and commitment therapy for experiential avoidance-related mixed anxiety and depression in a telehealth platform. *Clinical Case Studies*, 22(1), 78 – 96. <https://doi.org/10.1177/15346501221115113>
- (13.) **Spencer, S. D.**, Pokhrel, P., Helm, S., Wilczek, K., Galimov, A., & Sussman, S. (2023). Emerging adulthood attributes and substance use in a sample of Asian and Native Hawaiian and Other Pacific Islander college students. *Asian American Journal of Psychology*, 14(1), 51 – 62. <https://doi.org/10.1037/aap0000254>
- (12.) **Spencer, S. D.**, Jo, D., Hamagami, F., Antonio, M., Masuda, A., & Hishinuma, E. S. (2022). A psychometric validation of contextual cognitive behavioral therapy-informed measures with racially and ethnically diverse adults. *Journal of Contextual Behavioral Science*, 25, 61 – 72. <https://doi.org/10.1016/j.jcbs.2022.06.004>

- (11.) **Spencer, S. D.**, King, H. C., Martone, L., & Houlihan, D. (2022). Countercontrol: A relational frame theory (RFT) account and revival of a 70-year-old Skinnerian term. *Perspectives on Behavior Science*, 45, 457 – 467. <https://doi.org/10.1007/s40614-022-00337-y>.
- (10.) Jo, D., **Spencer, S. D.**, & Masuda, A. (2022). Mindfulness as a moderator of the relationship between engaged living and depression in emerging adulthood. *Mindfulness*, 13(2), 742 – 750. <https://doi.org/10.1007/s12671-022-01831-9>
- (9.) Martin, T. J., **Spencer, S. D.**, & Masuda, A. (2022). Mindfulness mediates the relationship between mental health self-stigma and psychological distress: A cross-sectional study. *Current Psychology*, 41, 5333 – 5342. <https://doi.org/10.1007/s12144-020-01050-2>
- (8.) Jo, D., **Spencer, S. D.**, & Masuda, A. (2022). Mindfulness attenuates the positive association between disordered eating cognition and disordered eating behavior in a sample of college women. *Current Psychology*, 41, 4536 – 4544. <https://doi.org/10.1007/s12144-020-00969-w>
- (7.) Hashimoto, K., Muto, T., **Spencer, S. D.**, & Masuda, A. (2020). Mitigating behavioral assimilation to age stereotypes: A preliminary analogue investigation of a contextual behavioral science approach. *Journal of Contextual Behavioral Science*, 18, 48 – 52. <https://doi.org/10.1016/j.jcbs.2020.08.006>
- (6.) Masuda, A., Barile, J., **Spencer, S. D.**, Juberg, M., Martin, T. J., & Vibell, J. F. (2020). Mindful awareness moderates the association between psychological inflexibility and distress variables: A cross-sectional investigation. *Journal of American College Health*, 70(2), 607 – 614. <https://doi.org/10.1080/07448481.2020.1759607>
- (5.) Hill, M. L., Schaefer, L. W., **Spencer, S. D.**, & Masuda, A. (2020). Compassion-focused acceptance and commitment therapy for women with restrictive eating and problematic body-checking: A multiple baseline across participants study. *Journal of Contextual Behavioral Science*, 16, 144 – 152. <https://doi.org/10.1016/j.jcbs.2020.04.006>
- (4.) **Spencer, S. D.**, & Masuda, A. (2020). Acceptance and commitment therapy as a transdiagnostic approach to treatment of behavioral health concerns: A concurrent multiple baseline design across participants. *Clinical Case Studies*, 19(3), 163 – 179. <https://doi.org/10.1177/1534650119897412>
- (3.) **Spencer, S. D.**, Buchanan, J. A., & Masuda, A. (2019). Preliminary findings from a comparison of brief acceptance- and control-based interventions for reducing experiential avoidance in socially-anxious individuals. *Behavior Modification*, 44(6), 841 – 864. <https://doi.org/10.1177/0145445519854321>

- (2.) Juberg, M., **Spencer, S. D.**, Martin, T. J., Vibell, J. F., de Costa Ferro, A., Kam, B. R., & Masuda, A. (2019). A mindfulness-based intervention for college students, faculty, and staff: A preliminary investigation. *Clinical Case Studies*, 18(3), 185 – 199.
<https://doi.org/10.1177/1534650119836166>
- (1.) **Spencer, S. D.** (2017). Examining personality factors in deception detection ability. *Psi Chi Journal of Psychological Research*, 22(2), 106 – 113. <https://doi.org/10.24839/2325-7342.JN22.2.106>

Chapters in Edited Books

- (7.) Qina'au, J., **Spencer, S.D.**, & Masuda, A. (accepted for publication). Acceptance and commitment therapy across ethnoracial groups: Cultural considerations. In A. Lucas & E. Chang (Eds.) *Cognitive and behavioral interventions with ethnoracial groups: Clinical strategies and techniques*. Springer.
- (6.) **Spencer, S. D.**, & Tyndall, I. (accepted for publication). Assessment of psychological flexibility: Conceptual foundations, empirical support, and clinical applications. In M. E. Levin & M. P. Twohig (Eds.) *Optimizing ACT*. Springer Nature series: CBT: Science into practice.
- (5.) **Spencer, S. D.**, Onyeka, O. C., & McKay, D. (2025). Misophonia as a new obsessive-compulsive and related disorder?: The evidence suggests otherwise. In A. G. Guzick & E. A. Storch (Eds.) *A Clinician's Guide to Childhood Obsessive-compulsive and Related Disorders*. Routledge.
<https://doi.org/10.4324/9781003517429-12>
- (4.) Church, M., Mangen, K. H., & **Spencer, S. D.** (2025). Hoarding in youth. In A. G. Guzick & E. A. Storch (Eds.) *A Clinician's Guide to Childhood Obsessive-compulsive and Related Disorders*. Routledge. <http://dx.doi.org/10.4324/9781003517429-11>
- (3.) Haynes, S. N., **Spencer, S. D.**, Laba, T. M. (2022). Principles and practices of behavioral assessment. In M. Bagby & G. Asmundson (Eds.) *Comprehensive clinical psychology*, 2nd ed. (pp. 86 – 104). Elsevier. <https://dx.doi.org/10.1016/B978-0-12-818697-8.00072-8>
- (2.) Masuda, A., Morgan, L., **Spencer, S.D.**, Oina'au, J., & Jo, D. (2022). Cultural adaptations of acceptance and commitment therapy. In M. P. Twohig, M. E. Levin, & J. M. Petersen (Eds.), *The Oxford Handbook of Acceptance and Commitment Therapy* (pp. C30.S1 – C30.S16). Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780197550076.013.30>
- (1.) Masuda, A., & **Spencer, S. D.** (2022). Advantages of third wave behavior therapies. In W. T. O'Donohue & A. Masuda (Eds.) *Behavior therapy: First, second, and third waves*. (pp. 265 – 290). Springer, Cham. https://doi.org/10.1007/978-3-031-11677-3_12

Consortium Peer-reviewed manuscripts

2024-present, member of Latin American Trans-Ancestry INitiative for OCD genomics (LATINO)

- (7.) Wagner, K. M., Cheng, J. S. C., Moore, H. C., Li, D., Ahmad, M., Tonarelli, S., Cervin, M., Nicolini, H., Muñoz, J. S., Anderberg, J. L., Frederick, R. M., Zavala Cruz, V., Berrones, D., McCarty, R. J., Onyeka, O. C., Cappi, C., Wiese, A. D., Goodman, W. K., ***Latin American Trans-Ancestry INitiative for OCD genomics (LATINO)***, Brazilian Obsessive-Compulsive Spectrum Disorder Working Group (GTTOC), Crowley, J. J., Moyano, M. B., & Storch, E. A. (in press). OCD with and without tics: Differences in symptoms, suicidality, co-occurring mental health conditions, and treatment perceptions. *Journal of Obsessive-Compulsive and Related Disorders*.
- (6) Pinciotti, C. M., Buckland, E. K., Tapia-Cuevas, V., Romero, M. J., Obando, D., Longhurst, M., Pereira Morales, N. A., Anderberg, J. L., Frederick, R. M., Zavala Cruz, V., Berrones, D., Muñoz, J. S., Moore, H. C., Cappi, C., Onyeka, O. C., Wiese, A. D., ***Latin American Trans-Ancestry INitiative for OCD genomics (LATINO)***, Crowley, J. J., & Storch, E. A. (in press). Clinical presentation of comorbid obsessive-compulsive disorder and posttraumatic stress disorder in Latin American individuals. *Journal of Obsessive Compulsive and Related Disorders*.
- (5) McCarty, R. J., Jensen, M., Paz Jensen Santa Cruz, E., Sagarnaga, M., Claisse Quiroz, P., Miño, T., Giusti-Rodriguez, P., Martinez Mallen, M. C., Berrones, D., Anderberg, J. L., Frederick, R. M., Moore, H. C., Muñoz, J. S., Zavala Cruz, V., ***Latin American Trans-Ancestry INitiative for OCD genomics (LATINO)***, Brazilian Obsessive-Compulsive Spectrum Disorder Working Group (GTTOC), Onyeka, O. C., Wiese, A. D., Crowley, J.J., & Storch, E.A. (in press). Mental health stigma in Latin American youth with obsessive-compulsive disorder. *Psychiatry Research*.
- (4) Storch, E. A., McCarty, R. J., Zehavi, M., Ahmad, M., Cruz, V. Z., Berrones, D., Munoz, J. S., Obando, D., Barajas, S. R., Frederick, R. M., Anderberg, J. L., Moore, H. C., Ochoa-Panaifo, M. E., Mallen, M., Onyeka, O. C., Wiese, A. D., Sagarnaga, M. N., McGuire, J. F., Ferrao, Y. A., ***Latin American Trans-Ancestry INitiative for OCD genomics (LATINO)***, Brazilian Obsessive-Compulsive Spectrum Disorder Working Group (GTTOC), Goodman, W. K., & Crowley, J. J. (in press). Predictive validity of the obsessive-compulsive inventory-4 and Florida obsessive-compulsive inventory-II severity scale. *Journal of Psychiatric Research*.
<https://doi.org/10.1016/j.jpsychires.2025.12.011>
- (3) Mathai, D.S., Robinson, J.O., Wagner, K., Neitzke-Spruill, L., Berrones, D., Anderberg, J.L., Frederick, R.M., Zavala Cruz, V., Munoz, J.S., ***Latin American Trans-Ancestry INitiative for***

OCD genomics (LATINO), Brazilian Obsessive-Compulsive Spectrum Disorder Working Group (GTTOC), Rodriguez, C.I., Averill, L.A., Crowley, J.J., Storch, E.A., & McGuire, A.J. (in press). Real-world use of classic and non-classic psychedelics in Hispanic/Latino adults with Obsessive-Compulsive Disorder: International findings from the LATINO Study. *Brazilian Journal of Psychiatry*.

(2) Wagner, K. M., Cervin, M., Cheng, J. S. C., Arriaga, J., Zavala Cruz, V., Berrones, D., Muñoz, J. S., Frederick, R. M., Anderberg, J. L., Núñez Bracho, B. E., Adorno, V. R., Fontenelle, L. F., Wiese, A. D., **Latin American Trans-Ancestry Initiative for OCD genomics (LATINO)**, Brazilian Obsessive-Compulsive Spectrum Disorder Working Group (GTTOC), Crowley, J. J., & Storch, E. A. (online first). Transdiagnostic links of reward processing in OCD and depression. *Journal of Affective Disorders*, 16, 391, 119886.

<https://doi.org/10.1016/j.jad.2025.119886>

(1) Merner, A.R., Periera, S., Moore, H.C., Frederick, R.M., Berrones, D., Muñoz, J., Zavala Cruz, V., Anderberg, J.L., Nicolini, H., Paz y Miño, M., **Latin American Trans-Ancestry Initiative for OCD genomics (LATINO)**, Brazilian Obsessive-Compulsive Spectrum Work Group (GTTOC), Crowley, J.J., Storch, E.A., & Lázaro-Muñoz, G. (2026). Latinos interest in knowing and using genetic risk information about obsessive compulsive disorder. *Personalized Medicine in Psychiatry*, 55, 100171. <https://doi.org/10.1016/j.pmip.2025.100171>

Peer-reviewed manuscripts under review

Pinciotti, C. M., Nuñez, M., Maisel, M., & **Spencer, S. D.**, (revise and resubmit). Justice-based exposure and response prevention for adolescents with identity-related obsessive-compulsive disorder: A series of case studies. *Cognitive and Behavioral Practice*.

Borgogna, N. B., Aita, S. L., **Spencer, S. D.**, Johnson, D. A. L., & Kraus, S. (revise & resubmit). The behavioral addictions problem: Beyond latent diseases and what HiTOP and RDoC might offer. *Journal of Psychopathology and Clinical Science*.

Jo, D., Im, S., **Spencer, S. D.**, & Masuda, A. (under review). Psychometric evaluation of the multidimensional psychological flexibility inventory (MPFI) in racially diverse adults in Hawai'i. *Journal of Psychopathology and Behavioral Assessment*.

Borgogna, N. C., **Spencer, S. D.**, Owen, T., Vaughn, J., Rapadas, C., Whittington, D. D., Schuler, K. R., Marshall, P., Ong, C., Kraus, S. W., Aita, S. L., & Hill, B. D. (under review). The impulsivity scale: A five-factor UPPS-P measure of trait impulsivity. *Journal of Personality Assessment*.

- Armstrong, G. M., Pinciotti, C. M., Soileau, K. J., **Spencer, S. D.**, Munoz, J. S., Mangan, K. H., Aguirre, T. L., Jardon, C. V., Cruz, V. Z., Berrones, D., Frederick, R. M., Anderberg, J., Latin American Trans-Ancestry INitiative for OCD genomics (LATINO), Brazilian Obsessive-Compulsive Spectrum Disorder Working Group (GTTOC), Wiese, A. D., Crowley, J.J., & Storch, E.A. (under review). Obsessive-compulsive disorder symptom profiles and related clinical features in sexual minorities of Latino descent. *Journal of Homosexuality*.
- Spencer, T. J., Brown, C., **Spencer, S. D.**, Brasil, K., Kraus, S., & Borgogna, N. C. (revise and resubmit). Flex appeal: Associations between dimensions of psychological (in)flexibility and problematic pornography use. *Archives of Sexual Behavior*.

PRESENTATIONS

Peer-reviewed oral presentations at local, national, and international conferences

- (27) Rogers, K., Manetta, K., Björgvinsson, T., & **Spencer, S. D.** (2026, July). *Effectiveness- Closing the gap between science and practice*. Panel discussion at the 31st Annual Conference of the International Obsessive-compulsive Disorder Foundation, Seattle, Washington, U.S.A.
- (26) **Spencer, S. D.** (2026, July). *Ethical considerations for misophonia treatment development*. In J. Avery (Chair) Advances in misophonia clinical research and treatment. Symposium at the 31st Annual Conference of the International Obsessive-compulsive Disorder Foundation, Seattle, Washington, U.S.A.
- (25) Cox, K., Abramowitz, J. S., Tolin, D., Larsen, S. E., & **Spencer, S. D.** (2025, November). *Reimagining/rebranding exposure as approach: A new solution for the old problem of clinician underutilization and client under-engagement with exposure*. Panel discussion at the 59th annual conference of the Association for Behavioral and Cognitive Therapies, New Orleans, LA, U.S.A.
- (24) **Spencer, S. D.**, Mangan, K. H., Omar, Y., & Storch, E.A. (2025, July). *Case study of ACT for an emerging adult female with misophonia: Unique adaptations and practical clinical tips*. In E. Bowers (Chair). Understanding misophonia: Clinical characteristics, treatment outcomes, and symptom heterogeneity. Symposium at the 23rd World Conference of the Association for Contextual Behavioral Science, New Orleans, L.A., U.S.A.
- (23) Lee, E. B., Borgogna, N. C., Hsu, T., Rogge, R. D. (Discussant), & **S. Spencer (Chair)** (2025, July). *Innovative methods to improve psychometric precision in the measurement of psychological flexibility processes*. Symposium at the 23rd World Conference of the Association for Contextual Behavioral Science, New Orleans, L.A., U.S.A.

- (22) Ong, C. W., Woolley, M., Borgogna, N., Gaudiano, B., Walser, R. D. (Discussant), & **S. Spencer (Chair)** (2025, July). PBT: *Is it as easy as 1-2-3? Challenges and opportunities within clinical practice and research domains*. Symposium at the 23rd World Conference of the Association for Contextual Behavioral Science, New Orleans, L.A., U.S.A.
- (20) Gaudiano, B., Sandoz, E., Ong, C. W., Zettle, R. D., Masuda, A., & **Spencer, S. D. (Chair)** (2025, July). *Centering science: Professional development and mentorship in ACBS throughout the academic career trajectory*. Panel discussion at the 23rd World Conference of the Association for Contextual Behavioral Science, New Orleans, L.A., U.S.A.
- (19) Qina'au, J., Rivera, C., Chung-Do, J., Austin Seabury, A., Nakamura, L., Preston-Pita, H., **Spencer, S. D.**, & Kaholokula, K. (2025, April). *Decolonial and Indigenized Wellbeing Theory for Kānaka 'Ōiwi with Behavioral Health Challenges: Implications from Ke Ao Nōweo 'Ula*. Presentation at the 22nd Annual Hawai'i International Summit on Preventing, Assessing & Treating Trauma Across the Lifespan, Honolulu, HI.
- (18) **Spencer, S. D.**, Owen, T., Borgogna, N. C., Vaughn, J., Najob Nia, N., Jo, D., Shegedin, M., Meyer, C. L., Johnson, D., Jafari, M., Yang, Y., Lee, U., Owen, A., Firoozan, A., Petrovitch, D., Whittington, D., Paez, E., Himes, K. P., Brasil, K., Pagano, L., Imany, M., Williams Ibora, M., Mohammadaliha, N., Asgharian, S., Lin, S., Aita, S., Chirokoff, V., & Ikononou, V. (2024, November). *The First 1,000 RCTS Part 2: A Meta-Analysis of Acceptance and Commitment Therapy Processes*. In **S. D. Spencer (Chair)** & S. D. Hollon (Discussant). Innovations in the systematic evaluation of clinical research on cognitive-behavioral therapy-based interventions. Symposium presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.
- (17) Borgogna, N. C., Owen, T., **Spencer, S. D.**, Vaughn, J., Najob Nia, N., Jo, D., Shegedin, M., Meyer, C. L., Johnson, D., Jafari, M., Yang, Y., Lee, U., Owen, A., Firoozan, A., Petrovitch, D., Whittington, D., Paez, E., Himes, K. P., Brasil, K., Pagano, L., Imany, M., Williams Ibora, M., Mohammadaliha, N., Asgharian, S., Lin, S., Aita, S., Chirokoff, V., & Ikononou, V. (2024, November). *The First 1,000 RCTS Part 1: A comprehensive meta-analysis of acceptance and commitment therapy*. In **S. D. Spencer (Chair)** & S. D. Hollon (Discussant). Innovations in the systematic evaluation of clinical research on cognitive-behavioral therapy-based interventions. Symposium presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.

- (16) **Spencer, S. D.**, Guzick, A. G., & Storch, E. A. (2024, July). *Myths and misconceptions within CBT with ERP for OCD: Myth-busting for clinicians and researchers*. Oral presentation at the 29th Conference of the International Obsessive-compulsive Disorder Foundation, Orlando, Florida, U.S.A.
- (15) Guzick, A. G., Schneider, R., Petersen, J., & **Spencer, S. D.** & McGuire, J. F. (2024, July). *Misophonia- It's not OCD*. Panel discussion at the 29th Annual Conference of the International Obsessive-compulsive Disorder Foundation, Orlando, Florida, U.S.A.
- (14) **Spencer, S. D.** (2023, August). *A process-based therapy framework for scrupulosity-based obsessive-compulsive disorder*. In N. C. Borgogna (Chair). *Obsessively religious? Understanding, measuring, and treating scrupulosity in the modern age*. Symposium presentation at the Annual Convention of the American Psychological Association, Washington D.C., U.S.A.
- (13) Borgogna, N., Hussey, I., Lee, E. B., Luoma, J. B., Hussey, I., & **Spencer, S. D. (Chair)** (2023, July). *Questionable research practices within contextual behavioral science (CBS): Concerns and potential ways forward*. Panel discussion at the 21st World Conference of the Association for Contextual Behavioral Science, Nicosia, Cyprus.
- (12) Borgogna, N. C., **Spencer, S. D.**, Brasil, K. M., Kraus, S., Lewis, H., Lillie-Anderson, G., Praska, N., & Severud, M. (2023, July). *The development and validation of the Experiential Avoidance Scale: A self-report questionnaire that might actually measure experiential avoidance*. In **S. D. Spencer (Chair)**. *Measurement matters: Addressing psychometric concerns with empirically based innovations in measurement of psychological flexibility-related constructs*. Symposium presentation at the 21st World Conference of the Association for Contextual Behavioral Science, Nicosia, Cyprus.
- (11) **Spencer, S. D.**, Firoozan, A., Meyer, M. S., & Masuda, A. (2022, June). *Acceptance and commitment therapy (ACT) for transdiagnostic mental health concerns: Examining experiential avoidance and engaged living as processes of change*. In A. Keller-Collins (Chair). *Basic and applied research examining psychological flexibility: Process-based, transdiagnostic, and prosocial approaches*. Symposium presentation at the 20th World Conference of the Association for Contextual Behavioral Science, San Francisco, California, U.S.A.
- (10) Borgogna, N., Dindo, L., Gaudiano, B., Gloster, A., Levin, M. E., & **Spencer, S. D. (Chair)** (2022, June). *State of the ACT: Challenges and opportunities in evaluating ACT's status as an empirically supported treatment*. Panel discussion at the 20th World Conference of the Association for Contextual Behavioral Science, San Francisco, California, U.S.A.

- (9) Qina'au, J., **Spencer, S. D.**, Jo, D., Hamagami, F., Antonio, M., Masuda, A., & Hishinuma, E. S. (2022, June). *A psychometric validation of contextual cognitive behavioral therapy-informed measures with racially and ethnically diverse adults*. In **S. Spencer (Chair)**. Psychometric hexadancing: Innovations in the validation of self-report measures spanning core ACT processes. Symposium presentation at the 20th World Conference of the Association for Contextual Behavioral Science, San Francisco, California, U.S.A.
- (8) Borgogna, N., Pierce, B., Hsu, T., Karekla, M. (Discussant), & **S. Spencer (Chair)** (2022, June). Beyond a single time-point: Advances in longitudinal psychometric research of CBS-focused self-report measures. Symposium at the 20th World Conference of the Association for Contextual Behavioral Science, San Francisco, California, U.S.A.
- (7) **Spencer, S. D.**, Qina'au, J., Meyer, M., Jo, D., & Masuda, A. (2021, June). *Telehealth process-based ACT in the context of the COVID-19 pandemic: A series of case studies examining engaged living and experiential avoidance as processes of change*. In **S. Spencer (Chair)**. Advances/innovations in Telehealth: Technology-based ACT interventions for transdiagnostic behavioral health concerns. Symposium presentation at the 19th World Conference of the Association for Contextual Behavioral Science, Poznań, Poland (held virtually).
- (6) **Spencer, S. D.**, Qina'au, J., Jo, D., Antonio, M., Hishinuma, E., Hamagami, A., & Masuda, A. (2021, June). *A preliminary psychometric validation of the five facet mindfulness questionnaire, engaged living scale, and acceptance and action questionnaire-II with racially and ethnically diverse emerging adults in Hawai'i*. In **S. Spencer (Chair)**. Empirical innovations in psychometric development and validation of self-report measures of psychological flexibility. Symposium presentation at the 19th World Conference of the Association for Contextual Behavioral Science, Poznań, Poland (held virtually).
- (5) Asnaani, A., Hayes, S. C., McHugh, L., Masuda, A., Zettle, R. D., & **Spencer, S. D. (Chair)** (2021, June). *Past, present, and future of CBT: Reflecting on the historical developments of radical behaviorism, RFT, ACT, and CBS*. Panel discussion at the 19th World Conference of the Association for Contextual Behavioral Science, Poznań, Poland (held virtually).
- (4) Jo, D., **Spencer, S. D.**, Qina'au, J., Nakamura, L., Firoozan, A., Lee, L., & Masuda, A. (2021, June). *Mindfulness as a moderator of the relationship between engaged living and depression in emerging adulthood*. In R. White (Chair). Community-based interventions and cultural adaptations. Symposium presentation at the 19th World Conference of the Association for Contextual Behavioral Science, Poznań, Poland (held virtually).

- (3) **Spencer, S. D.**, Martin, T. J., & Masuda, A. (2020, July). *Mindfulness mediates the relationship between mental health self-stigma and psychological distress: A cross-sectional study*. In **S. Spencer (Chair)**. Empirical innovations in targeting and understanding shame and stigma from a contextual behavioral science perspective. Symposium presentation at the 18th World Conference of the Association for Contextual Behavioral Science, New Orleans, L.A., U.S.A. (held virtually).
- (2) Krien, Q. R., **Spencer, S. D.**, & Buchanan, J. A. (2018, March). *Evaluating public speaking performance: A quest to validate public speaking tasks*. Paper presented at the 13th annual Midwestern Conference on Professional Psychology, Owatonna, MN.
- (1) **Spencer, S. D.**, & Buchanan, J. A. (2017, March). *Comparing brief acceptance- and control-based interventions: Evaluating public speaking performance in socially-anxious individuals*. Paper presented at the 12th annual Midwestern Conference on Professional Psychology, Owatonna, MN.

Peer-reviewed poster presentations at local, national, and international conferences

- (27) Greenberg, R. L., Fair, L. G., Trent, E. S., Church, M., McCarty, R. J., **Spencer, S. D.**, Pinciotti, C. M., & Storch, E. A. (July, 2026). A novel exploration of self-disclosure experiences in adults with obsessive-compulsive disorder. Poster presented at the 2026 Annual International OCD Foundation Conference, Seattle, WA, USA.
- (26) Armstrong, G. M., Pinciotti, C. M., Soileau, K. J., **Spencer, S. D.**, Muñoz, J. S., Mangen, K. H., Barbieri Aguirre, T. L., Jardón, C. V., Latin American Trans-ancestry INitiative for OCD genomics (LATINO), Brazilian Obsessive-Compulsive Spectrum Work Group (GTOC), Wiese, A. D., Crowley, J. J., & Storch, E. A. (2026, April). *Obsessive-Compulsive Disorder Symptom Profiles and Related Clinical Features in Sexual Minority Adults of Latino Descent*. Poster presented at the Anxiety and Depression Association of America Annual Conference. Chicago, IL, U.S.A.
- (25) Bergeron, L. S. L.*, **Spencer, S. D.**, Kim, S-K., McKay, D., & Asmundson, G. J. G. (2025, November). *Examination of COVID stress syndrome facets and relations to substance abuse using profile analysis via multidimensional scaling (PAMS)*. Poster presented at the 59th annual conference of the Association for Behavioral and Cognitive Therapies, New Orleans, LA, U.S.A.
- (24) Powers, V.*, Myers, A.*, Jo, D., **Spencer, S. D.**, Guzick, A. G., Palo, A., Berry, L. N., & Storch, E. A. (2025, November). *Psychometrically examining the family accommodation scale- anxiety (FASA) in a multi-study sample of treatment-seeking anxious youth*. Poster presented at the 59th

annual conference of the Association for Behavioral and Cognitive Therapies, New Orleans, L.A., U.S.A.

- (23) Williams, I. J., Wagner, K. M., Cervin, M., Rast, C. E., Parnes, M., Murphy, N., **Spencer, S. D.**, Storch, E. A., & Guzik, A. G. (2025, November). *Examining different measurements of misophonic symptoms to understand sleep-related problems in youth with misophonia*. Poster presented at the 59th annual conference of the Association for Behavioral and Cognitive Therapies, New Orleans, LA, U.S.A.
- (22) Leuchter, J. D., Pinciotti, C. M., **Spencer, S. D.**, Guzik, A. G., & Storch, E. A. (2025, May). Obsessive-compulsive disorder symptom dimensions in youth: Clinical features and implications for treatment response. Poster presented at the annual meeting of the American Psychiatric Association, Los Angeles, CA, U.S.A.
- (21) Johnson, D. A. L., Borgogna, N. C., Ingram, P. B., Warlick, C., **Spencer, S. D.**, Mims, C. E., Bunnell, K. L., & Nielsen, J. A. (2024, November). *The scrupulosity obsessions and compulsions scale: A measurement of scrupulosity within an OCD framework*. Poster presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.
- (20) Upshaw, B. M., **Spencer, S. D.**, Minhajuddin, A., Zhyrov, V., Slater, H., Martin, S., Soares, J. C., Shahidullah, Harper, R. A., Guerra, M., Wakefield, S., Trivedi, M. H., & Storch, E. A. (2024, November). *Characterizing ADHD in major depressive disorder within the Texas Youth Depression and Suicide Research Network (TX-YDSRN)*. Poster presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.
- (19) Upshaw, B. M., **Spencer, S. D.**, Onyeka, O., Salloum, A., Jiannetto, K., & Storch, E. A. (2024, November). *The role of family accommodation in child posttraumatic stress symptoms and functional impairment in the context of cognitive behavioral therapy*. Poster presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.
- (18) Castillo, A., Silva, T., Higham, M., **Spencer, S. D.**, & Storch, E. A. (2024, November). *Examining measurement invariance of the screen for child anxiety related emotional disorders (SCARED) across age groups and ethnicities among youth with depression*. Poster presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.

- (17) Armstrong, G., Anderberg, J. L., Sadek, S. J., Gorman, A., **Spencer, S. D.**, Minhajuddin, A., Ecker, A. H., Spofford, J., Slater, H., Wakefield, S., Trivedi, M. H., & Storch, E. A. (2024, November). *Risk of suicidal behavior in depressed youth with comorbid problematic substance use*. Poster presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.
- (16) Upshaw, B. M., Castillo, A., **Spencer, S. D.**, Storch, E. A. (2024, November). *Examining self-esteem as a moderator of the relationship between ADHD symptomology and internalizing symptoms in youth*. Poster presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.
- (15) **Spencer, S. D.**, Jo, D., Hill, M. L., Meyer, M. S., Firoozan, A., & Masuda, A. (2024, November). *Monitoring clinically relevant behaviors and experiential avoidance throughout the course of acceptance and commitment therapy: A single-case quasi-experimental study*. Poster presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.
- (14) **Spencer, S. D.**, Borgogna, N. C., Johnson, D. A. L., Brasil, K. M., McDermott, R. C., Kraus, S. W., & Buchanan, J. A. (2024, November). *The development and validation of the experiential avoidance rating scale (EARS): A self-report questionnaire that might actually measure experiential avoidance*. Poster presented at the 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, U.S.A.
- (13) Spencer, T., Brown, C., **Spencer, S. D.**, & Borgogna, N. (2024, April). *Exploring the varying portrait of problematic pornography use: A latent profile analysis*. Poster presented at the Collaborative Perspectives on Addiction Annual Conference. Denver, CO, USA.
- (12) Armstrong, G. M., **Spencer, S. D.**, Pinciotti, C. M., Mangen, K. H., Munoz, J. S., Borda, T., Frederick, R. M., ... & Storch, E. A. (2024, April). *Obsessive-compulsive disorder in Latin American sexual minorities*. Poster to be presented at the Anxiety and Depression Association of America Annual Conference. Boston, MA.
- (11) Meyer, M. S., Schulte, C., Martin, T. J., Jo, D., **Spencer, S. D.**, & Masuda, A. (2023, July). *The role of psychological inflexibility in the relationship between perceived stress and life satisfaction in university students during the COVID-19 pandemic*. Poster presented at the 21st World Conference of the Association for the Contextual Behavioral Science, Nicosia, Cyprus.
- (10) **Spencer, S. D.**, Qina'au, J., Anotonio, M., Hishinuma, E., Hamagami, F., & Masuda, A. (2020, July). *A preliminary investigation of the psychometric properties of the acceptance and action-II*

questionnaire and engaged living scale among ethnically diverse college students in Hawai'i.

Poster presented at the 18th World Conference of the Association for the Contextual Behavioral Science, New Orleans, L.A., U.S.A. (held virtually).

- (9) **Spencer, S. D.**, Marshall, R. D., & Masuda, A. (2019, November). *Acceptance and commitment therapy (ACT) for experientially-avoidant adult individuals: Findings from a concurrent multiple baseline design study.* Poster presented at the 53rd annual conference of the Association for Behavioral and Cognitive Therapies, Atlanta, G.A., U.S.A.
- (8) **Spencer, S. D.**, & Masuda, A. (2019, June). *Acceptance and commitment therapy (ACT) as a trans-diagnostic approach to treatment of psychological distress: Preliminary evidence from a concurrent multiple baseline design across participants.* Poster presented at the 17th World Conference of the Association for the Contextual Behavioral Science, Dublin, Ireland.
- (7) Juberg, M., Vibell, J., Martin, T., de Costa Ferro, A., **Spencer, S. D.**, Kam, B., Badillo-Winard, E., Quach, A., Masuda, A. (2019, June). *Exploring quantitative and dynamic EEG markers of mindfulness in mindfulness-based intervention.* Poster presented at the Mind & Life Summer Research Institute, Garrison, NY., U.S.A.
- (6) Mpoulkoura, S., **Spencer, S. D.**, & Buchanan, J. A. (2018, July). *Increasing public speaking performance: A comparison of ACT, CBT, and psychoeducational-based interventions.* Poster presented at the 16th World Conference of the Association for the Contextual Behavioral Science, Montreal, Canada.
- (5) **Spencer, S. D.**, & Buchanan, J. A. (2017, November). *Comparing brief acceptance and control based interventions: Evaluating public speaking performance in socially-anxious individuals.* Poster presented at the 51st annual conference of the Association for Behavioral and Cognitive Therapies, San Diego, CA, U.S.A.
- (4) **Spencer, S. D.** (2016, May). *Personality differences in deception detection.* Poster presented at the Midwestern Psychological Association Conference, Chicago, Il., U.S.A.
- (3) Krien, Q. R., **Spencer, S. D.**, & Buchanan, J. A. (2018, April). *Evaluating public speaking performance: A quest to validate public speaking tasks.* Poster presented at the annual National Conference on Undergraduate Research, Oklahoma City, OK., U.S.A.
- (2) **Spencer, S. D.** (2016, April). *Personality differences in deception detection.* Poster presented at the annual Undergraduate Research Symposium, Minnesota State University, Mankato, M.N., U.S.A.

- (1) **Spencer, S. D.** (2016, April). *Personality differences in deception detection*. Poster presented at the Minnesota Conference of Undergraduate Scholarly and Creative Activity at Winona State University, MN., U.S.A.

Invited community/university presentations

- (8) **Spencer, S. D.** (2025, April). *Acceptance and commitment therapy for misophonia: Conceptual foundations and clinical case example*. Presentation for University of North Texas Department of Psychology Psi Chi Honor Society.
- (7) **Spencer, S. D.** (2024, April). *Introduction to acceptance and commitment therapy (ACT): Theory, research, and practice*. Presentation for Baylor College of Medicine Department of Psychiatry OCD Program Practicum Program.
- (6) **Spencer, S. D.** (2024, February). *Introduction to acceptance and commitment therapy (ACT): Implications for Social Workers*. Presentation for Baylor College of Medicine Behavioral Health and Social Work Program.
- (5) **Spencer, S. D.** (2022, April). *Some notes from the clinician's lab: Using single case design research to examine the processes of change within transdiagnostic, focused acceptance and commitment therapy*. Invited talk at the Mid-Atlantic & Rocky Mountain Virtual ACBS Chapter Conference: Freely connected: Picking up values and setting down rules. Cancelled due to low attendance.
- (4) **Spencer, S. D.** (2022, February). *Moving forward: Evidence-based strategies for coping with loss and disappointment*. Presentation for Leeward Community College's (LCC) Health and Wellness Committee for Faculty and Staff.
- (3) **Spencer, S. D.** (2020, November). *Cultural considerations for acceptance and commitment therapy (ACT)*. Presentation for the Hawai'i Chapter of the Association for Contextual Behavioral Science (HACBS) Professional Presentation Series.
- (2) **Spencer, S. D.** (2020, November). *The fundamental connectedness of humankind: Fostering self-compassion and well-being in an uncertain world*. Didactic presentation in the Self-Compassion Hour Series, K. Obleada, S. Chae, J. Qina'au, & **S. Spencer** (organizers), sponsored by the Graduate Student Organization, University of Hawai'i at Mānoa.
- (1) **Spencer, S. D.** (2020, August). *Teaching your own class*. Presentation at the Center for Teaching Excellence Annual New Teaching Assistant Training, University of Hawai'i at Mānoa.

RESEARCH LAB POSITIONS

- 5/2023 - current **Texas Intervention Development & Behavioral Science Lab (Sam's Lab)**
Department of Psychology, University of North Texas, Denton, TX
Role: Principal Investigator
- 7/2022 - 6/2024 **BCM Obsessive-compulsive and Related Disorders Program (Storch Lab)**
Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, Houston, TX
Role: Doctoral Psychology Intern (2022-2023); Postdoctoral Fellow (2023-2024)
- 8/2018 - 8/2023 **Hawaii Contextual Behavioral Science Lab (Aki's Lab)**
Department of Psychology, University of Hawai'i at Mānoa, Honolulu, HI
Role: Research Assistant/Graduate Assistant
Faculty mentor: Akihiko Masuda, Ph.D.
- 8/2016 - 7/2018 **Behavioral Gerontology Research Lab**
Department of Psychology, Minnesota State University, Mankato, Mankato, MN
Role: Research Assistant
Faculty mentor: Jeffrey Buchanan, Ph.D.
- 8/2015 - 6/2016 **Social Psychology Research Lab**
Department of Psychology, Minnesota State University, Mankato, Mankato, MN
Role: Research Assistant
Faculty mentor: Emily Stark, Ph.D.
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CLINICAL EXPERIENCE

Faculty

- 8/2024 - current **UNT Departmental Training Clinic**
Department of Psychology, University of North Texas, Denton, TX
Provide individual ACT and CBT psychotherapy and supervise trainees in assessment and psychotherapy practica.

Postdoctoral Fellowship

- 7/2023 - 6/2024 **BCM Obsessive-compulsive and Related Disorders Program**
Baylor College of Medicine, Houston, TX
Supervisors: Eric Storch, Ph.D., Caitlin Pinciotti, Ph.D.

Predoctoral Internship

- 7/2022 - 6/2023 **BCM Obsessive-compulsive and Related Disorders Program (Major Rotation)**
Baylor College of Medicine, Houston, TX
Supervisors: Eric Storch, Ph.D., Amanda Palo, Ph.D., Andrew Wiese, Ph.D., and Yasmine Omar, Ph.D.

Graduate Practica

- 1/2020 - 5/2022 **Co-Instructor/Graduate Student Supervisor**
PSY 672 Introduction to Assessment II, Clinical Studies Program, University of Hawai'i at Mānoa

Supervisors: Akihiko Masuda, Ph.D. & Kristen Eliason, Ph.D.

- 11/2021 - 5/2022 **Graduate Student Clinical Trainee (Assessor)**
Hawaii State Department of Health Developmental Disabilities Division
Supervisor: Supervisors: Akihiko Masuda, Ph.D.
- 8/2020 - 8/2021 **Advanced Practicum Student**
I Ola Lāhui Rural Behavioral Health Services, Honolulu, HI
Supervisors: Kelsey Fujinaka, Psy.D., Aukahi Austin Seabury, Ph.D.
- 8/2019 - 5/2020 **Practicum Counselor**
Counseling and Student Development Center, University of Hawai'i at Mānoa
Supervisors: Kevin Tomita, Ph.D., Seini O'Connor, M.S., Woolee An, M.S.
- 6/2017 - 7/2018 **Psychodiagnostic Assessment Extern/Practicum Therapist**
Five Rivers Mental Health Center LLC, Mankato, MN
Supervisor: Sarah Sifers, Ph.D.
- 8/2016 - 8/2017 **Mental Health Practitioner (Social skills trainer)**
Adult, Child, and Family Services, Mankato, MN
Supervisors: Sarah Sifers, Ph.D., Jessica Shouler, M.S., L.M.F.T.

Clinical Licensure and Credentials

- 4/2024 - present Licensed Clinical Psychologist, State of Texas (#40075)
- 10/2018 Acceptance and commitment therapy professional psychotherapy training ("ACT bootcamp")

TEACHING AND MENTORSHIP EXPERIENCE

Assistant Professor

Department of Psychology, University of North Texas, Denton, TX

Courses taught:

- PSYC 6630 (Graduate) Theory and Practice of Acceptance and Commitment Therapy (1X, Spring 2026)
- PSYC 6000 (Graduate) Introduction to Psychotherapy (2X, Fall 2024, Fall 2025)
- PSYC 6820 (Graduate) Internal Dept. Clinic Practicum Supervision- Assessment (1X, Spring 2025)
- PSYC 6830 (Graduate) Internal Dept. Clinic Practicum Supervision- Intervention (3X, Summer 2025, Spring 2026, Summer 2026)

Adjunct fixed-term Lecturer (Instructor of Record)

Department of Psychology, University of Hawai'i at Mānoa, Honolulu, HI

Courses taught:

- PSY 100 Introduction to Psychological Science (4X: Summer 2019, Fall 2019, Spring 2020, Summer 2020, Fall 2021)
- PSY 100 Introduction to Psychological Science- Honors (1X: Fall 2021)
- PSY 225 Statistical Techniques for Psychology (2X: Spring 2021, Summer 2021)
- PSY 351 Cross-cultural Psychology (2X: Spring 2019, Fall 2020)

Master's Thesis Committees

Doctoral Dissertation Committees

Committee Member

2026- Shannon Williamson-Butler

2025- Lindsey Ryan-Jones

2025- Fallon Keegan

Undergraduate Honors Thesis Committees

Chair

2026- Leah Bergeron

Committee Member

University of Hawai'i

2022- Emerson Abreu

University of North Texas

2025- Tanzania Harris

External Examiner

2024- *Massey University, New Zealand*

EDITORIAL SERVICE

Invited Grant Reviewer:

National Science Centre Poland (03/2026)

Associate Editor:

Journal of Psychopathology and Behavioral Assessment (04/2026 - present)

Sexual Health & Compulsivity (01/2025 - present)

Editorial Board:

Journal of Contextual Behavioral Science (06/2024 - present)

Journal of Cognitive Psychotherapy (08/2024 - present)

Research on Child and Adolescent Psychopathology (10/2024 - present)

Guest Editor:

Special issue in *Research on Child and Adolescent Psychopathology* (2025), **S. D. Spencer** & D. McKay, *Primum non nocere: Understanding the role of harm or non-beneficence in treatment for youth mental health concerns*. <https://link.springer.com/collections/aacbcgdjjh>

Special issue in *Psychiatric Clinics of North America* (2025), **S. D. Spencer** & M. E. Levin, *Acceptance and commitment therapy for psychiatric conditions*, 1st Ed, Volume 48-3. Hardback ISBN: 9780443343384

Ad Hoc/Guest reviewer:

Anxiety, Stress, and Coping (2025, 1x)
Behavioral Sciences (2024, 1x)
Behavior Therapy (2018, 2022, 2x)
Behavior Analysis: Research and Practice (2017, 1x)
Aging and Mental Health (2017, 1x)
Clinical Psychology Review (2023, 1x)
Clinical Psychology: Science and Practice (2026, 2x)
Children's Health Care (2022, 1x)
Child Psychiatry & Human Development (2024, 1x)
Cognitive & Behavioral Practice (2026, 1x)
Cognitive Behaviour Therapy (2026, 1x)
Drug & Alcohol Dependence (2026, 1x)
Frontiers- Psychiatry (2025, 1x)
Frontiers- Psychology (2026, 1x)
International Journal of Cognitive Behavioral Therapy (2024, 1x; 2025 1x; 2026 1x)
Journal of Behavior Therapy and Experimental Psychiatry (2026, 2x)
Journal of Behavioral and Cognitive Therapy (2025, 2x)
Journal of Affective Disorders (2025, 1x; 2026 1x)
Journal of Anxiety Disorders (2025, 1x)
Journal of Clinical Psychology (2024, 2x, 2025 1x)
Journal of Cognitive Psychotherapy (2022, 2023 2x, 2024, 1x, 2026 1x)
Journal of Contextual Behavioral Science (2023 1x, 2024 6x, 2025 3x, 2026 4x)
Journal of Hearing Science (2025, 1x)
Journal of Obsessive and Compulsive and Related Disorders (2024, 1x)
Journal of Psychiatric Research (2025, 2x)
New Ideas in Psychology (2025, 1x)
Personality and Individual Differences (2025, 1x)
Personalized Medicine in Psychiatry (2025, 1x)
Perspectives on Behavioral Science (2025 1x, 2026 1x)
Psychiatry Research (2026, 2x)
Research in Autism (2025, 1x)
Research on Child and Adolescent Psychopathology (2025, 3x; 2026, 1x)
Sexual Health & Compulsivity (2025, 4x; 2026, 2x)
Social Science & Medicine (2024, 1x)
Spirituality and Clinical Practice (2025, 1x)

Violence Against Women (2023, 1x)

COMMUNITY AND UNIVERSITY SERVICE

01/2026-present	Chair, Space Committee, Department of Psychology, University of North Texas
01/2026-present	Interim Faculty Advisor for Psi Chi, International Honor Society in Psychology, University of North Texas
09/2025-present	Faculty Advisor for Student Organization: Wingspan- The Undergraduate Research Journal of Natural & Social Sciences, University of North Texas
08/2025-present	Faculty Advisor for Student Organization: Graduate Association for Students in Psychology, University of North Texas
08/2025-present	Research Committee, Department of Psychology, University of North Texas
11/2024	Panel discussant for <i>Faculty and Professionals Panel</i> . Sponsored by University of North Texas Psi Chi Student Organization.
06/2024	Panel discussant for <i>Research Faculty Job Search Series</i> . Sponsored by Baylor College of Medicine Office of Postdoctoral Affairs.
2020-2022	Panel discussant on <i>Graduate Student Panel</i> . Sponsored by Kapiolani Community College (KCC) and Leeward Community College (LCC) Psychology Clubs (6X: 11/2020, 04/2021, 12/2021, 04/2022)
2021	Chaired and Organized <i>Graduate training in applied mental health practice and clinical fields</i> . Virtual panel discussion sponsored by Department of Psychology, University of Hawai'i at Mānoa
2019, 2020	Department of Psychology prospective graduate student visiting weekend committee, University of Hawai'i at Mānoa
2020	Discussant, "Experienced TA Panel: On becoming a TA" for Center of Teaching Excellence at the University of Hawai'i at Mānoa

PROFESSIONAL MEMBERSHIPS

2025 - present	Member, Association for Psychological Science (APS)
2024 - present	Member, Association for American University Professors, Texas Chapter
2017 - current	Member, Association for Behavioral and Cognitive Therapies (ABCT)
2016 - current	Member, Association for Contextual Behavioral Sciences (ACBS)
12/2019 -11/2022	Student representative, Board of Directors, Hawai'i Chapter of the Association for Contextual Behavioral Sciences (HACBS)

10/2015 - 05/2016 Co-President, Undergraduate Research Center's Student Council, Minnesota State University, Mankato

2009 - current Member, Psi Chi, International Honor Society in Psychology

REFERENCES

Akihiko Masuda, Ph.D., Professor of Psychology

University of Hawai'i at Mānoa, Department of Psychology, 2530 Dole Street, Sakamaki C400, Honolulu, HI, 96822; P: 808-956-0287; email: amasuda4@hawaii.edu

Eric Storch, Ph.D., McIngvale Presidential Endowed Chair & Professor

Baylor College of Medicine, Department of Psychiatry and Behavioral Sciences, One Baylor Plaza, MS BCM 350, Houston, TX, 77030; P: 713-798-4945; email: eric.storch@bcm.edu

Dean McKay, Ph.D., Professor of Psychology

Fordham University, Department of Psychology, 441 East Fordham Road, Bronx, NY, 10458; P: 718-817-4498; email: mckay@fordham.edu

Jeffrey Buchanan, Ph.D., Professor of Psychology

Minnesota State University, Mankato, Department of Psychology, 121E Armstrong Hall, Mankato, MN, 56001; P: 507-389-5824; email: jeffrey.buchanan@mnsu.edu
