

# Danica C. Slavish

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## Education

- 2017 Ph.D., Biobehavioral Health, The Pennsylvania State University
- 2015 M.S., Biobehavioral Health, The Pennsylvania State University
- 2012 B.A., Psychology, *magna cum laude*, with honors, Beloit College

## Professional Positions

- 2025- Associate Professor of Psychology, University of North Texas
- 2019-25 Assistant Professor of Psychology, University of North Texas
- 2017-19 Postdoctoral Research Associate, University of North Texas
- 2012-17 National Science Foundation Graduate Research Fellow, The Pennsylvania State University

## Honors and Awards

- 2024-25 Cardiovascular Research Institute of Vermont (CVRI) Rising Star Visiting Professorship
- 2024 UNT Department of Psychology Research Award
- 2024 UNT DC Fellows Program
- 2018 American Academy of Sleep Medicine Young Investigators Forum
- 2018 American Psychosomatic Society Young Investigators Colloquium
- 2018 UNT Postdoctoral Association Research Award
- 2018 Penn State Council of Graduate Schools/ProQuest Distinguished Dissertation Award nominee
- 2017 Penn State Alumni Association Dissertation Award
- 2017 American Pain Society Young Investigator Travel Award
- 2017 American Psychosomatic Society Young Scholar Travel Award
- 2016 American Psychological Association Dissertation Research Award
- 2016 Penn State Kligman Graduate Fellowship Endowment
- 2015 Penn State Gerald E. McClearn Graduate Student Award
- 2015 Penn State Biobehavioral Health Graduate Student Scientific Achievement Award
- 2013-16 National Science Foundation Graduate Research Fellowship (GRFP)
- 2012 Penn State Fund for Excellence in Graduate Recruitment
- 2012 Martha Peterson Prize
- 2012 Walter Van Dyke Bingham Scholarship in Psychology
- 2012 Phi Beta Kappa
- 2008-12 Maurer Presidential Scholarship
- 2011 National Science Foundation Research Experience for Undergraduates (REU) Summer Fellowship

## Publications

*\* denotes graduate student mentee \*\* denotes undergraduate or post-baccalaureate student mentee*

- 80. Ramarushton, B, Thompson, L, **Slavish, DC**, Knapp, AA, & Blumenthal, H. (*in press*). [Short-term prospective and reciprocal relations between social anxiety symptoms and sleep quality among community-recruited adolescents.](#) *Psychology & Health*.
- 79. Rodenbaugh, MM, Dickens, HA, **Slavish, DC**, McGuire, AP, & Contractor, AA. (2026). [Do positive memory characteristics influence associations between PTSD symptoms and reckless/self-destructive behaviors? A pilot study among military veteran students.](#) *Memory*, *34*, 82-95.

78. \*Feldman, EL & **Slavish, DC**. (2026). Social-ecological risk and protective factors for insufficient sleep in adolescents: A nationally representative investigation. *Journal of Adolescent Health, 78*, 87-94.
77. Compton SE, Fentem A, Kaur, G, **Slavish, DC**, & Contractor AA. (2025). Associations between posttraumatic stress disorder and reckless/self-destructive behaviors among firefighters: The roles of negative and positive affect. *Anxiety, Stress, & Coping, 8*, 689-701.
76. \*Almeida, I, \*\*Kessler, R, \*\*Murillo, G, & **Slavish, DC**. (2025). Associations between self-reported and actigraphy measured sleep duration with metabolic syndrome: evidence from NHANES 2011-2014. *Journal of Behavioral Medicine, 48*, 799-812.
75. \*Feldman, EL, Bates, A, & **Slavish, DC**. (2025). The impact of insufficient sleep on subjective cognitive dysfunction: exploring the moderating role of environmental factors at the census tract level. *NeuroToxicology, 109*. 66-79.
74. \*Almeida, IM, Thompson, L, Rivera, A, Feldman, E, Contractor, AA, Jones, MK, & **Slavish, DC**. (2025). Pre-and post-migration factors associated with sleep health among Hispanic/Latino immigrants in the United States: A systematic review. *Sleep Medicine Reviews*.
73. Contractor, AA, Messman, BA, Dicker-Oren, SD, Compton, SE, **Slavish, DC**, Sznitman, S, & Greene, T. (2025). Therapeutic impacts of recalling and processing positive autobiographical memories on post-trauma health: An open label study. *Journal of Traumatic Stress, 38*, 317-329.
72. **Slavish, DC**, Ruggero, CR, Luft, B., & Kotov, R. (2025). Sleep disturbances across two weeks predict future mental healthcare utilization. *Sleep, 48*. zsae172.
71. Fentem, A, Compton, S, **Slavish, DC**, Weiss, N, & Contractor, AA. (2024). Relations between PTSD symptoms and reckless behaviors among military veteran students: Moderating roles of negative and positive life experiences. *Traumatology, 30*, 496-508.
70. Contractor, AA, **Slavish, DC**, Wang, S, & Weiss, NH. (2024). Posttraumatic stress symptoms and positive autobiographical memory characteristics in everyday life. *Journal of Traumatic Stress, 37*, 936-945.
69. Wen, JH, Klaiber, P, Leger, KA, Hill, PL, Pfund, GN, **Slavish, DC**, DeLongis, A, & Sin, NL. (2024). Nightly sleep predicts next-morning expectations for stress and positive experiences. *Psychosomatic Medicine, 86*, 261-271.
68. \*Feldman, EL & **Slavish, DC**. (2024). Initial development of a Sleep Health Literacy Scale. *Sleep Health, 10*, 683-690.
67. \*Thompson, L, **Slavish, DC**, Messman, B, Dietch, JR, Kelly, K, Ruggero, C, Taylor, DT, Ramarushton, B, & Blumenthal, B. (2024). Alcohol use predicts longer but more fragmented sleep: A daily diary study of alcohol, sleep, and PTSD in nurses. *International Journal of Behavioral Medicine*.
66. Nagy, SM., Emert, SE, Leete, JJ, Taylor, DJ, Dietch, JR, **Slavish, DC**, Ruggero, CR, & Kelly, K. (2024). Psychometric evaluation of the Insomnia Severity Index in nurses. *Behavioral Sleep Medicine, 22*, 779-789.
65. \*Messman, BA, Wiley, JF, Feldman, E, Dietch, JR, Taylor, DT, & **Slavish, DC**. (2024). Irregular sleep is linked to poorer mental health: A pooled analysis of 8 studies. *Sleep Health*.
64. Ramarushton, B, Blumenthal, H, **Slavish, DC**, Kaminski, PL, Ramadan, T, Lewis, S. (2024). Perceived psychological control relates to coping-related drinking motives via social anxiety among adolescents: A cross-sectional mediation analysis. *Alcohol, 118*, 17-24.
63. Thompson, L, Baker, A, Almeida I, **Slavish, DC**, & Blumenthal, H (2024). Disengagement coping and sleep problems among trauma-exposed adolescents. *Anxiety, Stress, & Coping, 37*, 379-393.
62. Contractor, AA, **Slavish, DC**, Straup, M. & Miguel-Alvaro, A. (2024). Daily-level associations between posttraumatic stress disorder symptoms and reactions to retrieving positive autobiographical memories. *Journal of Anxiety Disorders, 103*. 102842.
61. Contractor, AA, Almeida, I, Fentem, A, Griffith, L, Kaur, G, & **Slavish, DC**. (2024). Posttraumatic stress disorder symptoms and sleep disturbances among Asian Indian immigrants: A systematic review. *Trauma, Violence, & Abuse, 25*, 1468-1483.
60. **Slavish, DC**, Ruggero, CR, Schuler, K, Schwartz, J, Luft, B, & Kotov, R. (2024). Effects of daily posttraumatic stress disorder symptoms on heart rate variability. *Psychosomatic Medicine, 86*, 30-36.
59. Ramarushton, B, Griffith, EL, Messman, BA, Contractor, AA, **Slavish, DC**, Zamboanga BL, & Blumenthal, H. (2023). Latent profiles of posttraumatic stress disorder symptoms and sleep disturbances: Associations with drinking to cope motives among college students. *Journal of Psychiatric Research, 167*, 37-45.
58. Dietch, JR, Dadeboe, I, Huskey, A, **Slavish, DC**, & Taylor, DJ. (2023). Intraindividual variability in sleep duration and college degree attainment. *Chronobiology International, 40*, 1291-1295.
57. \*Messman, BA, Fentem, A, Compton, S, Griffith, E, Blumenthal, B, Contractor, AA, & **Slavish, DC**. (2023). The role of affect in associations between sleep disturbances and posttraumatic stress disorder symptoms: A systematic review. *Sleep Medicine, 110*, 287-296.
56. Taylor, DJ, Pruiksma, K, **Slavish, DC**, Dietch, J, Wardle-Pinkston, S, Litz, B, Rodgers, M, Nicholson, K, Young-McCaughan, S, Dondanville, K, Nakase-Richardson, R, Mintz, J, Keane, T, Peterson, A, Resick, P. (2023). Treatment of comorbid sleep disorders and posttraumatic stress disorder in U.S. active duty military personnel: A pilot study. *Journal of Traumatic Stress, 36*, 712-726.

55. Carbajal, I, Ryals, A, **Slavish, DC**, & Wang, DC. (2023). [Visual recognition memory modulated by language and cultural frame priming in Latinx bilinguals and biculturals](#). *Journal of Latina Psychology*, *11*, 220–239.
54. \*Messman, BA, **Slavish, DC**, Briggs, M, Ruggero, CJ, Luft, BJ, & Kotov, R. (2023). [Daily sleep-stress reactivity and functional impairment in World Trade Center responders](#). *Annals of Behavioral Medicine*, *57*, 582–592.
53. \*Asbee, J, Dietch, JR, Taylor, DJ, & **Slavish, DC**. (2023). [Using a frequentist and Bayesian approach to examine video game usage, substance use, and sleep among college students](#). *Journal of Sleep Research*, *32*, e13844.
52. Contractor, AA, Messman, B, Gould, P, **Slavish, DC**, & Weiss, NH. (2023). [Impacts of repeated retrieval of positive and neutral memories on posttrauma health: An investigative pilot study](#). *Journal of Behavior Therapy and Experimental Psychiatry*, *81*. 101887.
51. Jordan, G, **Slavish, DC**, Dietch, JR, Messman, BA, Ruggero, C, Kelly, K, & Taylor, DJ. (2023). [Investigating sleep, stress, and mood dynamics via temporal network analysis](#). *Sleep Medicine*, *103*, 1-11.
50. Compton, S, **Slavish, DC**, Weiss, NH, Bowen, H, & Contractor, A. (2023). [Associations between positive memory count and hazardous substance use in a trauma-exposed sample: Examining the moderating role of emotion dysregulation](#). *Journal of Clinical Psychology*, *79*, 1480-1508.
49. \*Messman, BA, Jin, L, **Slavish, DC**, & Contractor, A. (2023). [The role of positive affect processes in the association between posttraumatic stress disorder symptoms and sleep: A multi-study design](#). *Journal of Affective Disorders*, *324*, 511-520.
48. Petrie, K, \*Messman, BA, **Slavish, DC**, & Moore, EM. (2023). [Sleep disturbances and depression are bidirectionally associated among college student athletes across COVID-19 pandemic exposure classes](#). *Psychology of Sport Exercise*, *66*, 102393.
47. Dolan, M, **Slavish, DC**, Weiss, NH, & Contractor, AA. (2023). [The role of emotion dysregulation in the relationship between sleep disturbances and PTSD symptom severity](#). *Journal of Nervous and Mental Disease*, *211*, 203-215.
46. Contractor, AA, **Slavish, DC**, Thornton, J, & Weiss, NH. (2023). [Positive affect processes and posttraumatic stress disorder symptoms: Findings from an open label pilot study using the Positive Memory Processing Technique](#). *Journal of Psychotherapy Integration*, *33*, 102–122.
45. Yoo, J, **Slavish, DC**, Dietch, JR, Kelly, K, Ruggero, CR, & Taylor, DJ. (2023). [Daily reactivity to stress and sleep disturbances: Unique risk factors for insomnia](#). *Sleep*, *46*, zsac256.
44. Spadola, C, Wagner, EF, **Slavish, DC**, Washburn, M, Ogeil, R, Burke, S, Grudzien, A, & Zhou, E. (2023). [Sleep and substance use: practice considerations for social workers](#). *Journal of Social Work Practice in the Addictions*, *23*, 24-38.
43. Contractor, AA, Messman, B, **Slavish, DC**, & Weiss, NH. (2023). [Do positive memory characteristics influence daily-level trajectories of posttraumatic stress disorder symptoms? An exploratory daily diary study](#). *Anxiety, Stress, & Coping*, *36*, 320-338
42. **Slavish, DC**, Ruggero, CR, Briggs, M, Messman, BA, Contractor, AA, Miao, J, Oltmanns, JR, Waszczuk, M, Luft, BJ, & Kotov, R. (2023). [Longitudinal associations between PTSD and sleep disturbances among World Trade Center responders](#). *Sleep Medicine*.
41. Petrie, KA, \*Messman, BA, Moore, EWG, **Slavish, DC**, & Petrie, TA. (2022). [Sociodemographic differences in sleep disturbances among college athletes during the COVID-19 pandemic](#). *Journal for the Study of Sports and Athletes in Education*, 1–18.
40. \*Almeida, IM, **Slavish, DC**, Rafiuddin, H, & Contractor, AA. (2022). [COVID-19 related distress and sleep among trauma-exposed South Asians: Does generational status matter?](#) *Stress & Health*, *39*, 335-346.
39. Farmer, H, **Slavish, DC**, Dietch, JR, Ruiz, J, Ruggero, C, Kelly, K, Kohut, M, & Taylor, DJ. (2022). [Racial/ethnic variations in inflammatory markers: Exploring the role of sleep duration and sleep efficiency](#). *Journal of Behavioral Medicine*, *45*, 855–867.
38. \*Messman, B, Wiley, J, Yap, Y, Tung, YC, Almeida, I, Dietch, JR, Taylor, DJ, & **Slavish, DC**. (2022). [How much does sleep vary from night-to-night? A quantitative summary of intraindividual variability in sleep by age, gender, and racial/ethnic identity across eight-pooled datasets](#). *Journal of Sleep Research*, *31*, e13680.
37. Taylor, DJ, Dietch, JR, Wardle-Pinkston, S, **Slavish, DC**, Messman, BA, Ruggero, C, & Kelly, K. (2022). [The Shift Work Disorder Index: Initial validation and psychosocial associations in a sample of nurses](#). *Journal of Clinical Sleep Medicine*, *18*, 2339–2351.
36. **Slavish, DC**, Briggs, M, Fentem, A, Messman, BA, & Contractor, AA. (2022). [Bidirectional associations between daily PTSD symptoms and sleep disturbances: A systematic review](#). *Sleep Medicine Reviews*, *63*, 101623.
35. Miles, S, Pruiksma, K, **Slavish, DC**, Dietch, J, Wardle-Pinkston, S, Litz, B, Rodgers, M, Nicholson, K, Young-McCaughan, S, Dondanville, K, Nakase-Richardson, R, Mintz, J, Keane, T, Peterson, A, Resick, P, & Taylor, DJ. (2022). [Sleep disorder symptoms are associated with greater posttraumatic stress and](#)

- anger problems in U.S. Army service members seeking treatment for PTSD. *Journal of Clinical Sleep Medicine*.
34. \*Griffith, EL, Jin, L, Contractor, AA, **Slavish, DC**, & Vujanovic, AA. (2022). [Heterogeneity in patterns of posttraumatic stress disorder symptoms and sleep disturbances among firefighters: Latent profile analyses.](#) *Journal of Psychiatric Research*.
  33. Ying, F, Wen, JH, Klaiber, P, DeLongis, A, **Slavish, DC**, & Sin, NL (2022). [Associations between intraindividual variability in sleep and daily positive affect.](#) *Affective Science*.
  32. Schick, MR, **Slavish, DC**, Dietch, JR, Witcraft, SM, Simmons, RO, Taylor, DJ, Smith, JP, Book, SW, McRae-Clark, AL, & Wilkerson, AK. (2022). [A preliminary investigation of the role of intraindividual sleep variability in substance use treatment outcomes.](#) *Addictive Behaviors*.
  31. \*Messman, BA, Rafiuddin, H, **Slavish, DC**, Weiss, NH, Contractor, AA. (2022). [Examination of daily-level associations between posttraumatic stress disorder symptoms and COVID-19 worries.](#) *Psychological Trauma: Theory, Research, Practice, and Policy*, *14*, 497-506.
  30. **Slavish, DC**, Dietch, JR, Messman, BA, Garcia, O, Kane, HS, Wiley, JF, Yap, Y, Kelly, K, Ruggero, CJ, & Taylor, DJ (2022). [Daily stress and sleep associations vary by work schedule: A between- and within-person analysis in nurses.](#) *Journal of Sleep Research*, *31*, e13506.
  29. **Slavish, DC** & Szabo, YZ (2022). [What moderates salivary markers of inflammation reactivity to stress? A descriptive report and meta-regression.](#) *Stress*, *24*, 710-722.
  28. **Slavish, DC**, Contractor, AA, Dietch, JR, Messman, BA, Lucke, H, Briggs, M, Thornton, J, Ruggero, C, Kelly, K, Kohut, M, & Taylor, DJ. (2022). [Characterizing patterns of nurses' daily sleep health: A latent profile analysis.](#) *International Journal of Behavioral Medicine*.
  27. Contractor, AA, **Slavish, DC**, Weiss, NH, Alghraibeh, AH, Alafnan, AA, & Taylor, DJ. (2021). [Moderating effects of sleep difficulties on relations between posttraumatic stress disorder symptoms and positive memory count.](#) *Journal of Clinical Psychology*, *77*, 2057-2076.
  26. \*Garcia, O, **Slavish, DC**, Dietch, JR, Messman, BA, Contractor, AA, Haynes, PL, Pruiksmas, KE, & Taylor, DJ (2021). [What goes around comes around: Nightmares and daily stress are bidirectionally associated in nurses.](#) *Stress & Health*, *37*, 1035-1042.
  25. Dietch, JR, Taylor, DJ, Pruiksmas, KE, Wardle-Pinkston, S, **Slavish, DC**, Messman, B, Estevez, R, Ruggero, C, & Kelly, K. (2021). [The Nightmare Disorder Index: Development and initial validation in a sample of nurses.](#) *Sleep*, *44*, zsa254.
  24. Wen, JH, Klaiber, P, DeLongis, A, **Slavish, DC**, Sin, NL. (2021). [Day-to-day associations between nightly sleep and next-day well-being amid the COVID-19 pandemic in North America.](#) *Sleep Health*, *7*, 666-674.
  23. **Slavish, DC**, \*Asbee, J, \*\*Veeramachaneni, K, \*\*Scott, B, \*\*Messman, B, Sin, NL, Taylor, DJ & Dietch, JR. (2021). [The cycle of daily stress and sleep: Sleep measurement matters.](#) *Annals of Behavioral Medicine*.
  22. \*Walker, J, **Slavish, DC**, \*Dolan, M, Dietch, JR, Wardle-Pinkston, S, Messman, BA, Ruggero, CJ, Kohut, M, Borwick, J, Kelly, K, & Taylor, DJ. (2021). [Age-dependent associations among insomnia, depression, and inflammation in nurses.](#) *Psychology & Health*, *36*, 967-984.
  21. \*Messman, B, **Slavish, DC**, Dietch, JR, Jenkins, BN, & Taylor, DJ. (2021). [Associations between daily affect and sleep vary by sleep assessment type: What can ambulatory EEG add to the picture?](#) *Sleep Health*, *7*, 219-228.
  20. Szabo, YZ & **Slavish, DC**. (2021). [Measuring salivary markers of inflammation in health research: A review of methodological considerations and best practices.](#) *Psychoneuroendocrinology*, *124*.
  19. Taylor, DJ, Pruiksmas, KE, Mintz, J, **Slavish, DC**, Wardle-Pinkston, S, Tyler, H, Dondanville, KA, Young-McCaughan, S, Scullin, MK, Nichols, KL, Litz, BT, Dietch, JR, Keane, TM, Peterson, AL, Resick, PA, for the Consortium to Alleviate PTSD. (2020). [Treatment of comorbid sleep disorders and posttraumatic stress disorder in active duty military: Design and methodology of a randomized clinical trial.](#) *Contemporary Clinical Trials*, *99*.
  18. **Slavish, DC**, Taylor, DJ, Dietch, JR, Wardle-Pinkston, S, Messman, BA, Ruggero, CJ, Kohut, M, & Kelly, K. (2020). [Intraindividual variability in sleep and levels of systemic inflammation in nurses.](#) *Psychosomatic Medicine*, *82*, 678-688.
  17. Szabo, YZ, **Slavish, DC**, & Graham-Engeland, JE. (2020). [The effect of acute stress on salivary markers of inflammation: A systematic review and meta-analysis.](#) *Brain, Behavior, & Immunity*, *88*, 887-900.
  16. Pruiksmas, KE, **Slavish, DC**, Taylor, DJ, Dietch, JR, Tyler, H, \*Dolan, M Bryan, AO, & Bryan, CJ. (2020). [Nightmares and insomnia in the National Guard: Mental and physical health correlates.](#) *International Journal of Behavioral Medicine*.
  15. Yap, Y, **Slavish, DC**, Taylor, DJ, Bei, B, & Wiley, J. (2020). [Bi-directional relations between stress and self-report and actigraphy-assessed sleep: A daily intensive longitudinal study.](#) *Sleep*, *43*, zsz250.
  14. Williams, JM, Taylor, DJ, **Slavish, DC**, Gardner, C, Zimmerman, MR, Patel, K, Reichenberger, D, Francetich, J, Dietch, JR, & Estevez, R. (2020). [Validity of actigraphy in young adults with insomnia.](#) *Behavioral Sleep Medicine*, *18*, 91-106.

13. **Slavish, DC**, Jones, DR, Smyth, JM, Engeland, CE, Song, S, \*\*McCormick, N, & Graham-Engeland, JE. (2020). [Positive and negative affect and salivary markers of inflammation among young adults](#). *International Journal of Behavioral Medicine*, *27*, 282–293.
12. \*\*Veeramachaneni, K, **Slavish, DC**, Dietch, JR, Kelly, K, & Taylor, DJ. (2019). [Intraindividual variability in sleep and perceived stress in young adults](#). *Sleep Health*, *5*, 572–579.
11. \*Wardle-Pinkston, S, **Slavish, DC**, & Taylor, DJ. (2019). [Insomnia and cognitive performance: A systematic review and meta-analysis](#). *Sleep Medicine Reviews*, *48*.
10. Dietch, JR, Sethi, K, **Slavish, DC**, & Taylor, DJ. (2019). [Validity of two retrospective questionnaire versions of the Consensus Sleep Diary: The whole week and split week self-assessment of sleep surveys](#). *Sleep Medicine*, *63*, 127-136.
9. **Slavish, DC** & Szabo, YZ. (2019). [The effect of acute stress on salivary markers of inflammation: A systematic review protocol](#). *Systematic Reviews*, *8*.
8. **Slavish, DC**, Taylor, DJ, & Lichstein, K. (2019). [Intraindividual variability in sleep and comorbid medical and mental health conditions](#). *Sleep*, *42*, zsz052.
7. **Slavish, DC**, Scaglione, NM, Hultgren, BA, & Turrisi, R. (2019). [An ecological momentary assessment of affect, mental health symptoms, and decisions to drink in first-year college women: A pilot study](#). *Prevention Science*, *20*, 753-764.
6. **Slavish, DC**, Graham-Engeland, JE, Engeland, CG, Taylor, DJ, & Buxton, OM. (2018). [Insomnia symptoms are associated with elevated C-reactive protein in young adults](#). *Psychology & Health*, *33*, 1396-1415.
5. Mathur, A, Graham-Engeland, JE, **Slavish, DC**, Sliwinski, MJ, Smyth, JM, Lipton, RB, & Katz, MJ. (2018). [Recalled early life adversity and pain: The role of mood, sleep, optimism, and control](#). *Journal of Behavioral Medicine*, *41*, 504-515.
4. **Slavish, DC**, Sliwinski, MJ, Smyth, JM, Almeida, DM, Lipton, RB, Katz, MJ, & Graham-Engeland, JE. (2018). [Neuroticism, negative affect, rumination, and sleep: Examining between- and within-person associations](#). *Personality and Individual Differences*, *123*, 217-222.
3. Graham-Engeland, JE, Zawadzki, M, **Slavish, DC**, & Smyth, JM. (2016). [Depressive symptoms and momentary mood predict momentary pain among rheumatoid arthritis patients](#). *Annals of Behavioral Medicine*, *50*, 12-23.
2. **Slavish, DC** & Graham-Engeland, JE. (2015). [Rumination mediates the relationship between depressed mood and both sleep quality and self-reported health in young adults](#). *Journal of Behavioral Medicine*, *38*, 204-213.
1. **Slavish, DC**, Graham-Engeland, JE, Smyth, JM, & Engeland, CG. (2015). [Salivary markers of inflammation in response to acute stress](#). *Brain, Behavior, and Immunity*, *44*, 253-269.

### Manuscripts Under Review

4. \*Feldman, EL, Bates, A, Souhala, J, & **Slavish, DC**. (*revise & resubmit*). Who's counting? Discrepancies between parent and youth sleep reports compared to actigraphy in the ABCD Study.
3. **Slavish, DC**, Ruggero, CR, Luft, B., & Kotov, R. (*under review*). Posttraumatic stress disorder symptoms are associated with future healthcare expenditures in World Trade Center responders.
2. Straup, M, Jin, L, **Slavish, DC**, & Contractor, AA. (*under review*). Examining the indirect effects of emotion dysregulation between interpersonal trauma endorsement and impulsivity facets.
1. Jin, L, Contractor, AA, Guo, Z, Wang, S, Ferguson, J, **Slavish, DC**, Weiss, NH. (*under review*). Posttraumatic stress disorder among Asian individuals in Canada and the United States: A systematic review and meta-analysis.

## Grant Funding

### Active

**CDC/NIOSH R21OH012614** (PI: Kotov)

07/01/2023-06/30/2026

*Predicting Attrition from a Lifestyle Medicine Intervention*

Role: Co-I (PI of UNT subcontract)

**Mental Research Institute** (PIs: Contractor & Slavish)

07/1/2024-6/30/2026

*Daily Impacts of Posttrauma Distress and Sleep on Family Functioning among Asian Indians in the Context of Intimate Partner Violence*

Role: Co-PI

**NIH/NIAAA R01AA031409** (PI: Larimer)

04/01/2024-03/31/2029

*Efficacy of Brief Interventions to Reduce Comorbid Alcohol and Cannabis Misuse and Sleep Impairment in Young Adults*

Role: Consultant

## Completed

**University of Texas at Dallas Seed Program for Interdisciplinary Research** (PI: Kane)

06/01/2021-06/01/2023

*Stress and Sleep among Hispanic/Latino Parents: A Social-Ecological Approach*

Role: Consultant

**NIH/NIAAA 1R34AA026909** (PI: Larimer)

05/15/2019-04/30/2023

*Development of Brief Interventions for Alcohol, Marijuana, and Sleep Problems in Young Adults*

Role: Co-I (PI of UNT subcontract)

**Canopy Growth Corporation** (Co-PIs: Slavish & Blumenthal)

06/01/2021-05/31/2022

*A Combined Phase Change Test of the Safety and Effects of Two Doses of CHI-559 on Sleep Quality (SL-01)*

Role: Co-PI

**Canopy Growth Corporation** (Co-PIs: Blumenthal & Slavish)

06/01/2021-05/31/2022

*A Combined Phase Change Test of the Safety and Effects of Two Doses of CHI-557 on Relaxation (RE-01)*

Role: Co-PI

**NIH/NIAID 1R01AI128359** (Co-PIs: Taylor & Kelly)

02/01/2016-11/30/2020

*Sleep and Vaccine Response in Nurses (SAV-RN)*

Role: Co-I and Postdoctoral Fellow

**DoD-VA 1I01CU000144** (PI: Taylor)

09/30/2015-09/30/2020

*CAP-Treatment of Comorbid Sleep Disorders and PTSD*

Role: Postdoctoral Fellow

**NSF GRFP DGE1255832** (PI: Slavish)

06/01/2013-06/01/2016

*Individual Differences in Cognitive-Emotional Appraisal & Physiological Reactivity to Stress*

**American Psychological Association Dissertation Research Award** (PI: Slavish)

11/01/2015-11/01/2016

*The Role of Neuroticism in Exposure-Reactivity to Daily Experiences and Nightly Sleep Quality*

## Teaching Experience

PSYC 6900: Special Problems, UNT

PSYC 6400: Research Methods in Psychology, UNT

PSYC 6210: Advanced Career Development in the Behavioral Sciences, UNT

PSYC 5710: Quantitative Methods in Psychology II, UNT

PSYC 4900 & 4910: Special Problems, UNT

PSYC 3000: Positive Psychology, UNT

PSYC 2580: Health Psychology, UNT

BBH 143: Drugs, Behavior, and Health, Penn State

BBH 146: Introduction to Health and Human Sexuality, Penn State

## Presentations

### Invited Talks

10. Slavish, DC (2026, February). *Multidimensional sleep health and cardiometabolic risk: The importance of tracking naturalistic sleep*. Cardiovascular Research Institute of Vermont Rising Star Visiting Professor Medical Grand Rounds Lecture.
9. Slavish, DC (2025, April). *Using Fitbit data to predict attrition from a lifestyle medicine intervention*. World Trade Center Research Coordination Meeting.
8. Slavish, DC (2024, March). *Daily sleep disturbances and healthcare utilization in World Trade Center responders*. World Trade Center Research Coordination Meeting.
7. Slavish, DC (2023, November). *Sleep disturbances in PTSD: Cause or consequence?* Department of Psychology Colloquium, Southern Methodist University.
6. Kane, H & Slavish, DC (2022, April). *Understanding families' sleep health using a social ecological approach*. UT-Dallas Center for Children and Families.
5. Slavish, DC (2021, June). *Latent profile analyses in R*. Dallas R Ladies.
4. Slavish, DC (2021, April). *No two nights are the same: Causes and consequences of irregular sleep*. Department of Psychology Colloquium, University of Texas at Arlington.
3. Slavish, DC (2020, October). *No two nights are the same: Causes and consequences of variability in sleep*. Brummer Colloquium, Murray State University.
2. Slavish, DC (2020, April). *Does treating comorbid insomnia and PTSD change inflammatory biomarker levels?* University of Texas Health Science Center San Antonio Strong Star Didactics.
1. Slavish, DC (2018, October). *Why is sleep important? Tips to improve your sleep health*. UNT New Faculty Work-Life Balance workshop.

### First-Author Conference Talks (co-authored talks and poster presentations available upon request)

3. Slavish, DC, Dietch, JR, Kane, H, Taylor, DJ, Ruggero, CM, Kelly, K, Yap, Y, & Wiley, J (2021, November). *Daily stress and sleep associations vary by work schedule: A between- and within-person analysis in nurses*. Gerontological Society of America.
2. Slavish, DC, Messman, B, Wardle-Pinkston, S, Kohut, M, Ruggero, C, Kelly, K, & Taylor, DJ. (2019, March). *Psychological and health correlates of night-to-night variability in sleep in nurses*. American Psychosomatic Society, Vancouver, BC.
1. Slavish, DC, Graham-Engeland, JE, Martire, LM, & Smyth, JM. (2017, March). *Temporal dynamics between daily affect, pain, and nightly sleep quality in young adults*. American Psychosomatic Society, Seville, Spain. (selected as newsworthy presentation of considerable interest to the general public and the scientific community)

## Service

### Editorial

Associate Editor, *Anxiety, Stress, & Coping*  
 Section Editor, *Stress & Health*

### Ad Hoc Reviewer

*Annals of Behavioral Medicine*  
*Anxiety, Stress, and Coping*  
*Applied Psychology: Health and Well-Being*  
*Behavior Therapy*  
*Brain, Behavior, and Immunity*  
*Biological Psychology*  
*Chronobiology International*  
*Digital Health*  
*Field Methods*

*Health Psychology*  
*International Archives of Occupational and Environmental Health*  
*International Journal of Behavioral Medicine*  
*International Journal of Psychology*  
*Journal of Behavioral Health*  
*Journal of American College Health*  
*Journal of Applied Developmental Psychology*  
*Journal of Behavioral Medicine*  
*Journal of Clinical Sleep Medicine*  
*Journal of Social and Personal Relationships*  
*Journal of Psychotherapy Integration*  
*Occupational and Environmental Medicine*  
*Personality and Individual Differences*  
*PLoS ONE*  
*Psychiatry Research*  
*Psychological Reports*  
*Psychology & Health*  
*Psychosomatic Medicine*  
*SLEEP*  
*Sleep Health*  
*Sleep Medicine*  
*Stress & Health*

### **Grant Reviewing**

2023	NY/NJ (Region II) Education and Research Center Pilot Projects Reviewer
2022	NSF Reviewer
2021	NSF Reviewer

### **University**

2024-	Bonney Seminar committee, UNT
2023-24	Space committee, UNT
2021-22	Executive committee, UNT
2020-	Faculty advisor for Psychology Student Association, UNT
2020-24	Election judge, UNT
2013-16	Healthy People Penn State Biobehavioral Health student representative, Penn State

### **Doctoral Dissertation Committee Chair (Ph.D. Students Supervised)**

2025-	Janice Garcia
2022-	Emily Feldman
2021-25	Isamar Almeida
2021-24	Madasen Briggs
2020-24	Brett Messman

### **Doctoral Dissertation Committee Member**

2025-	Olivia Kit
2024-25	Ella Commerce
2024-25	Amber Williams
2024-25	Nick Magera
2024-25	Chris Alkire
2024-25	Linda Thompson
2024-25	Deisy Gonzalez Zapata
2024	John Engle
2024	Yuliya Shteynberg

2024	Katya Bubeleva
2023-25	Kamar Tazi
2023-25	Christa Herrera
2023-24	Andrea Fentem
2023-24	Maddie Straup
2023-24	Sidonia Compton
2022-23	Bridgette Carroll
2022-23	Lamia Yanouri
2021-23	Allison Laajala
2021-22	Megan Kelly
2021-23	Allison Laajala
2021-22	Courtney Sanders
2021-22	Audon Archibald
2020-22	Randi Jackson
2020-21	Sara Hartigan
2020-21	Danna Bismar
2020-21	Megan Dolan
2019-21	Ivan Carbajal
2019-20	Allison Dornbach-Bender

#### *Master's Thesis Committee Chair*

2020-21	Brett Messman
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#### *Master's Thesis Committee Member*

2024	Olivia Kit
2024	Ella Commerce
2023-24	Shannon Williamson-Butler
2022-23	McKenzie Watson
2022-23	Kamar Tazi
2022-23	Violet Tehrani
2022-23	Jake Hanes
2022-23	Shiho Toyama
2021-23	Maddie Straup
2020-21	Lizzie Griffith
2020-21	Banan Ramadan
2019-21	Chris Alkire
2017-18	Kait Carmichael

#### *Honor's Thesis Committee Chair*

2021-23	Regan Christian
2021-22	Sydney Seymour
2019-20	Gladys Segura

#### *McNair Scholar Supervision*

2021-22	Elisa Valentine
2020-21	Odalis Garcia