

RESEARCH GRANTS & CONTRACTS:

2025-2026	RISE to the challenge: Developing Resilience in College Athletes	American Athletic Conference, Academic Consortium	\$14,954.00
2025-2026	Sport Psychology Consultants' Psychological Well-Being: Gender, Self-Compassion, Support And Coping	Association for Applied Sport Psychology	\$4,828.00
2024-2025	Pre-Performance Routines, Ideal Psychological States, And Perceived Surgical Outcomes Among Orthopedic Surgeons and Residents	Association for Applied Sport Psychology	\$4,800.00
2024-2025	Bodes in Motion: Improving Body Image and Psychological Well-Being Among AAC Men and Women Athletes	American Athletic Conference, Academic Consortium	\$14,789.00
2023-2024	AAC Student-Athlete Mental Health: Development and Implementation of a Standardized Screening Process	American Athletic Conference, Academic Consortium	\$14,535.00
2022-2024	Student-athlete well-being: PAC-12 test of the Effectiveness of Bodies in Motion in reducing disordered Eating and body image concerns And improving psychological Well-being among male and Female student-athletes	PAC-12 Exploratory/Bridge Grant	\$399,232 total (\$149,164 to UNT. Funded)
2022	High School and Collegiate Coaches' Attitudes, Perceptions, and Experiences Related to LGBT Athletes And Their Sport Participation	AASP	\$2000 (Funded)

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2022	Transgender athletes and Sport participation: High School Coaches' Attitudes and perceptions	UNT CLASS Small grant	\$1000 (Funded)
2021	Transgender athletes and Sport participation: Coach Attitudes and perceptions	Scholarly & Creative UNT CLASS	\$5000 (Not Funded)
2020-2021	Body image experiences In retired Olympians: Knowledge, awareness, And prevention	International Olympic Committee	\$18,000.00 (Funded; w/Dr. Anthony Papathomas)
2020	Impact of COVID-19 on College Student-Athletes' Psychological Well-Being, Health, and Performance: A Longitudinal Analysis	Spencer Foundation	\$50,000.00 (Not Funded)
2020	Psychological well-being And retirement from sport A mixed methods approach	Scholarly & Creative UNT CLASS	\$4800 (Funded)
2019-2020	Mental health screening of student athletes within NCAA athletic departments	Association for Applied Sport Psychology	\$3629.75 (Funded)
2018	Mental health and college Student athletes: From Institutional practices to Psychological well-being in retirement	National Collegiate Athletic Association	\$12972.50 (Not Funded)
2018	Achievement motivation Theory as a model for Explaining college athletes' Grit	Scholarly & Creative UNT CLASS	\$2716.00 (Funded)
2017	Achievement motivation Theory as a model for Explaining college athletes' Grit	AASP	\$2000.00 (Funded)
2016	Bodies-In-Motion: Evaluating an Evidence-	National Collegiate Athletic Association	\$20,438.00 (Funded)

Based Program to Promote
Healthy Body Image and Eating
Behaviors in Female Collegiate
Athletes
(w/Dana K. Voelker, Ph.D., West Virginia University)

2015-16	Psychological Well-Being And the Help Seeking Attitudes and Behaviors of Male Athletes (w/Joey Ramaecker, M.A.)	Association for Applied Sport Psychology	\$3500.00 (Funded)
2015	Implementation and Evaluation of Bodies in Motion Program: Promoting Positive Body Image as Women And Athletes (w/Dana K. Voelker, Ph.D.)	American Psychological Foundation	\$10,483.00 (Not Funded)
2015-16	Return to Sport: Improving Athletes' Confidence and Mindset Post-ACL Surgery	UNT Scholarly & Creative Activity Award	\$4,600.00 (Funded)
2015	Psychological Well-Being And the Help Seeking Attitudes of Male and Female Collegiate Athletes (w/Joey Ramaecker, M.A.)	National Collegiate Athletic Association	\$7,456.00 (Not Funded)
2014-15	Implementation and Evaluation of The Female Athlete Body (FAB) Project: "Bodies in Motion" (w/Dana K. Voelker, Ph.D.)	National Collegiate Athletic Association	\$9,533.80 (Not Funded)
2014-15	Psychological well-being and the Help Seeking Attitudes and Behaviors of Male and Female Collegiate Athletes: A Preliminary Longitudinal Investigation of Psychosocial Risk Factors	National Collegiate Athletic Association	\$21,369.00 (Not Funded)
2014-15	SMART Brain Training And the Cognitive and Psychosocial Functioning	University of Texas at Dallas	\$12,000.00 (Funded)

Of College Student Athletes

2014-15	Psychological well-being Of Female collegiate athletes Post career: A longitudinal investigation	National Collegiate Athletic Association	\$16,360.00 (Funded)
2013-14	Psychological well-being Of female collegiate athletes Post career: A longitudinal Investigation	Association for Applied Sport Psychology	\$1,500.00 (Funded)
2011-12	Implementation and Evaluation of The Female Athlete Body (FAB) Project: “Bodies in Motion”	National Collegiate Athletic Association	\$20,166.68 (Not Funded)
2010-11	The Physical and Psychological Health of Male Collegiate Athletes	National Collegiate Athletic Association (w/Justine Chatterton)	\$16,931.90 (Funded)
2009-11	Mental and Physical Effects on Adolescents’ Academics	NASPE (Co-I w/Scott Martin & Christy Greenleaf)	\$30,000.00 (Funded)
2010	Adolescents' health-related Fitness literacy	NIH Understanding and Promoting Health Literacy RO3 (Greenleaf, Martin, Petrie)	\$100,000.00 (Not Funded)
2009	North Texas Adolescent Fitness and Health Scientific Meeting	R13 Grant submitted to NHLBI & NICHD	\$67,174.00 (Not Funded)
2009	Targeting and Improving Adolescent Well-being: Project S.H.A.P.E	UNT Research Cluster Grant	~ \$939,955 (Finalist)
2008-2009	The physical and psychological health of female collegiate athletes	National Collegiate Athletic Association (W/Carly Raab)	\$14,000.00 (Funded)
2008	Fit for Fun: An examination of the health, physical fitness, and nutritional status of middle school boys and girls	Robert Wood Johnson Foundation – Rapid Response Grant	\$150,000.00 (Not Funded)
2008	Health, Physical Activity,	UNT Research Cluster	~ \$300,000.00

	and Sport	Grant	(Not Selected)
2008-2009	The Relationship of Physical Fitness, Physical Activity Levels, and Dietary Intake to Psychological Well-being, Body Image, Social Pressures and Internalization, Teasing, Weight Bias, and Academic Performance in Middle School Children	UNT Research Opportunities Grant Program (ROP)	\$4800.00 (Funded)
2007-2009	A double-blind, randomized placebo controlled (crossover) trial of amino acids for the treatment of Attention-deficit hyperactivity disorder (ADHD) among school-aged children	Wellness Research, LLC (Co-PI with Trish Kaminski)	\$268,732.00 (Funded)
2007	Multimedia for college student eating disorder education	National Institute of Health (co-investigator)	\$661,238.00 (\$40,000.00 to UNT – Not Funded)
2007	Physical fitness and its relation to mood, body image self-concept, social pressures and internalization, teasing and weight bias in children	Association for Applied Sport Psychology (Co-PI w/Drs. Greenleaf, Martin, Hamson)	\$2450.00 (Funded)
2007	Prevalence of eating disorders among male and female collegiate athletes and an age-matched comparison group of nonathletes	University of North Texas Research Enabling Grant	\$3200.00 (Funded)
2006	Athletes and eating disorders: A longitudinal analysis (Year Three)	Association for the Advancement of Applied Sport Psychology	\$1700.00 (Not Funded)
2006	Sociocultural expectations of attractiveness for males: A ten-year follow-up	University of North Texas Research Opportunity Grant	\$2250.00 (Not Funded)
2005	Athletes and eating disorders: A longitudinal analysis	Association for the Advancement of Applied	\$1350.00

Sport Psychology

2005	Reducing Eating Disorders Among Athletes: A Test of Cognitive Dissonance Intervention	University of North Texas Research Opportunity Grant	\$2108.00
2004-2005	A longitudinal investigation of male and female athletes disordered eating attitudes and behaviors	National Collegiate Athletic Association	\$7500.00
2004	Athletes and eating disorders: A longitudinal, multi-site, Multi-sport investigation	Association for the Advancement of Applied Sport Psychology	\$2450.00
2004	Athletes and eating disorders: A longitudinal, multi-site, Multi-sport investigation	University of North Texas Research Opportunity Grant	Not Funded
2003	Sexual and Nonsexual Boundary Violations in Professional Relationships: A National Survey of Sport Psychologists (w/C. Greenleaf & C. Tebbe)	University of North Texas Research Opportunity Grant	\$2434.00
2003	Psychosocial Benefits of Physical Activity and Sport Involvement Among Female College Freshmen (C. Greenleaf, T. Petrie, & E. Boyer)	University of North Texas Research Opportunity Grant	\$2700.00
2003	Sport Psychologists Sexual and Nonsexual Boundary Violations in Working With Students and Client-Athletes (w/C. Greenleaf)	Association for the Advancement of Applied Sport Psychology	\$1228.40
2003	Psychosocial benefits of Sport and Physical Activity (E. Boyer, C. Greenleaf, & T. Petrie)	American College of Sports Medicine	Not Funded
2002	Benefits of Participation in Sport and Physical Activity	Women's Sports Foundation	Not Funded
2002	A National Survey of	University of North Texas	\$2620.00

	Athletic Trainers' Attitudes Toward Sport Psychology Services	Research Opportunity Grant	
2002	Texas Athletic Trainers Attitudes Towards Sport Psychology and Referral	Association for the Advancement of Applied Sport Psychology	Not Funded
2001	Participation and Training In Health Sciences (Project PATHS)	National Institute of Health SEPA Grant Co-Investigator	Not Funded (\$1,929,046.00)
2001	Implementation and Evaluation of a Life Skills Program at North Dallas High School: Project SCORE	International Paper Co-PI w/Dr. Scott Martin	Not Funded
2001	Promoting Success Through Project SCORE: The Implementation and Evaluation Of a Life Skills Program at NDHS	Houston Endowment, Inc. Co-PI w/Dr. Scott Martin	Not Funded
2001	Sport Psychology in the Profession of Psychology: A 10-Year Follow-up	University of North Texas Research Opportunity Grant	\$4000.00
2001	A Test of the Model of Selective Optimization and Compensation in Amateur Golfers	Association for the Advancement of Applied Sport Psychology	\$2312.95
2001 Funded	Understanding fear and Strategies for Coping with Fear in Competitive Skiing	United States Ski Association	Reviewed, Not (\$12,673.14)
2000 Funded	Understanding fear and Strategies for Coping with Fear in Competitive Skiing	United States Olympic Committee	Reviewed, Not
2000 (Fall)	Evaluation of a Life Skills Program in an Economically Disadvantaged High School	University of North Texas – GPby3 Program	\$6000.00
1999 - 2000	Psychological Antecedents and Consequences of	University of North Texas – Research	\$2000.00

	Athletic Injury	Opportunity Grant	
1997 - 1998	Predictors of Psychological Responses to Sport Injury In College Athletes	University of North Texas - Research Opportunity Grant	\$ 2700.00
1996 - 1997	Sociocultural Standards of Attractiveness	University of North Texas - Research Opportunity Grant	\$ 2500.00
1995 - 1996	Development and validation of the Beliefs About Attractiveness Scale	University of North Texas - Research Opportunity Grant	\$ 2500.00
1993 - 1995	Psychosocial Antecedents and Consequences of injury for female collegiate athletes	National Collegiate Athletic Association	\$14,000.00
1993 - 1994	Survey of Counseling Psychologists on Sport Psychology Issues	University of North Texas - Research Initiation Grant	\$ 1800.00
1993	Athletic injury: Physical and Psychological Mechanisms	National Institute of Arthritis and Musculoskeletal and Skin Diseases	Reviewed, Not Funded
1992	Biopsychosocial approach to physical injury and illness.	National Institute of Mental Health Washington, DC	Reviewed, Not Funded
1991 - 1992	Psychological Antecedents of Sport Injury	University of North Texas – RIG	\$ 1500.00
1990 - 1991	Life stress, coping and personality and injury in college athletes (with Dr. R. Russell)	National Collegiate Athletic Association Research Committee	\$18,000.00

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AWARDS:

2019	Distinguished Mentor Award	Association for Applied Sport Psychology	\$250.00
2017	Distinguished Contribution To Education & Training	American Psychological Association – Division 47	\$1000.00
2009	Excellence in Doctoral Mentoring	University of North Texas	
2008	Developmental Leave Spring Semester	University of North Texas	
1998	Developmental Leave Fall Semester	University of North Texas	
1997	Developing Scholar Award	University of North Texas	\$ 2500.00
1993	Junior Faculty Summer Research Award	University of North Texas	\$ 3500.00
1991 & 1990	Life stress, social support and injury in collegiate athletes	American Psychological Psychological Association Science Directorate	\$ 300.00/each year