

NaYeon (NY) Yang, Ph.D.

Department of Psychology

University of North Texas

Terrill Hall 383

1611 W Mulberry St.

Denton, Texas 76203

nayeon.yang@unt.edu | (940) 369-8396

[Website](#) | [Google Scholar](#) | [ResearchGate](#) | [LinkedIn](#)

PROFESSIONAL APPOINTMENTS

2024 – Present **Assistant Professor (Tenure-Track)**
 Counseling Psychology PhD Program (APA-Accredited)
 Department of Psychology
 University of North Texas

2023 – 2024 **Doctoral Intern in Health Service Psychology**
 Predoctoral Internship (APA-Accredited)
 University of Maryland Counseling Center

EDUCATION

2018 – 2024 **Ph.D., Counseling Psychology** (APA-Accredited)
 Department of Psychology
 University of Maryland, College Park
 Dissertation: Predicting psychological adjustment in grief: Cross-national differences among Koreans and Americans

2014 – 2017 **M.Ed., Counseling**
 Korea University, Seoul, South Korea
 Thesis: Development and validation of the Meaning Making in Grief Scale

2009 – 2012 **B.A., Psychology & Asian Languages and Literatures**
 University of Minnesota, Twin Cities
 Capstone Project: Surround suppression in individuals with schizophrenia

PEER-REVIEWED PUBLICATIONS

17. O'Brien, K. M., Yoo, S. K., Jankauskaite, G., Yoon, S., Bang, J., & **Yang, N.** (2026). Grief counseling training in the US and South Korea: An online intervention for therapists and graduate students. *Journal of Prevention and Health Promotion*.
<https://doi.org/10.1177/26320770251401168>

16. **Yang, N.**, & Jankauskaite, G. (2025). AI and technology in grief support: Clinical implications and ethical considerations. *The Counseling Psychologist*, 53(4), 579–604. <https://doi.org/10.1177/00110000251352568>
15. Jankauskaite, G., O'Brien, K. M., Yoo, S. K., **Yang, N.**, Yoon, S., & Bang, J. (2025). Improving grief counseling: Enhancing the education and confidence of psychology graduate students. *Journal of Loss and Trauma*, 30(4), 515–539. <https://doi.org/10.1080/15325024.2024.2402393>
14. **Yang, N.**, Jankauskaite, G., Gerstenblith, J. A., Hillman, J., Wang, J., Le, T., & Hill, C. E. (2023). Counseling psychology doctoral students' experiences of authenticity: A collaborative autoethnography. *Counselling Psychology Quarterly*, 36(1), 89–111. <https://doi.org/10.1080/09515070.2022.2063260>
13. Ahn, L. H., **Yang, N.**, & An, M. (2022). COVID-19 racism, internalized racism, and psychological outcomes among East Asians/East Asian Americans. *The Counseling Psychologist*, 50(3), 359–383. <https://doi.org/10.1177/00110000211070597>
12. Keum, B. T., Kase, C. A., Sharma, R., Yee, S. E., O'Connor, S., Bansal, P., & **Yang, N.** (2022). Collective program social justice identity and perceived norms on promoting student advocacy. *The Counseling Psychologist*, 50(7), 1039–1068. <https://doi.org/10.1177/00110000221102977>
11. Jankauskaite, G., O'Brien, K. M., & **Yang, N.** (2021). Assessing knowledge and predicting grief counseling skills among university counseling center therapists. *The Counseling Psychologist*, 49(3), 458–484. <https://doi.org/10.1177/0011000020983525>
10. O'Brien, K. M., **Yang, N.**, & Jankauskaite, G. (2020). Women's experiences of managing work and end-of-life care: Challenges, rewards and recommendations for vocational psychologists. *Journal of Career Assessment*, 29(1) 3–17. <https://doi.org/10.1177/1069072720933556>
9. **Yang, N.**, & Lee, S. M. (2020). The development and validation of the Meaning Making in Grief Scale. *Death Studies*, 46(1), 178–188. <https://doi.org/10.1080/07481187.2020.172592>
8. Yaung, H., **Yang, N.**, Kim, E., & Kim, B. (2019). The effect of delinquent victimization experiences of youth on juvenile delinquent offendings: Focus on the mediating effects of depression and aggression. *Journal of Learner-Centered Curriculum and Instruction*, 19(12), 673–691. <http://doi.org/10.22251/jlcci.2019.19.12.673>
7. **Yang, N.**, & Lee, S. J. (2018). Validation of the Korean version of the Meaning-Making Scale. *The Korean Journal of Counseling and Psychotherapy*, 30(1), 81–100. <https://doi.org/10.23844/kjcp.2018.02.30.1.81>
6. Kim, B., Kim, S., **Yang, N.**, Yaung, H., Ha, G. Y., Yang, J., Lee, B., & Lee, S. M. (2018). Longitudinal relationships between planned happenstance skills and life adjustment and the moderating role of career barriers. *Journal of Career Development*, 45(3), 215–226. <https://doi.org/10.1177/0894845316681078>

5. **Yang, N.**, Yaung, H., Noh, H., Jang, S. H., & Lee, B. (2017). The change of planned happenstance skills and its association with career-related variables during school-to-work transition. *International Journal for Educational and Vocational Guidance*, 17(1), 19–38. <https://doi.org/10.1007/s10775-016-9332-z>
4. Kim, S., Kim, B., **Yang, N.**, Yaung, H., Lee, B., & Lee, S. M. (2017). Longitudinal changes of planned happenstance skills by gender, community types, and employment status in the sample of college students in school-to-work transition. *Journal of Employment Counseling*, 54(4), 183–191. <https://doi.org/10.1002/joec.12066>
3. Kim, B., **Yang, N.**, Yaung, H., Yang, J., Chung, S. H., & Lee, S. M. (2016). The big five personality traits and planned happenstance skills - a theoretical exploration. *The Korean Journal of Counseling and Psychotherapy*, 28(2), 491–508. <https://doi.org/10.23844/kjcp.2016.05.28.2.491>
2. Myung, H. W., Lee, S. M., **Yang, N.**, & Lee, J. H. (2016). The moderation effect of help-seeking on the relationship between maladaptive perfectionism and academic procrastination behavior of middle school students. *The Korean Journal of Youth Counseling*, 24(2), 201–219. <https://doi.org/10.35151/kyci.2016.24.2.010>
1. Seo, W. S., Lee, C. H., & **Yang, N.** (2013). A case study of the appropriate technology project with multidisciplinary teamwork of college students. *The Korean Journal of Technology Education*, 13(2), 86–109.

BOOK CHAPTERS

2. Jankauskaite, G., & **Yang, N.** (2023). Grief and trauma education and training for graduate students in psychology and social work programs. In D. E. Balk, T. Wong, J. R. Balk (Eds.), *A Professional's Guide to Understanding Trauma and Loss*. Cambridge Scholars.
1. Lee, S. M., & **Yang, N.** (2017). School-based counseling policy, policy research and implications: Findings from South Korea. In J. C. Carey, B. Harris, S. M. Lee, & O. Aluede (Eds.), *International Handbook for Policy Research in School-based Counseling* (pp. 305–314). Springer, Cham. <https://doi.org/10.1007/978-3-319-58179-819>

MANUSCRIPTS UNDER REVIEW, IN REVISION, OR IN PREPARATION

15. **Yang, N.**, Lee, H. N., Lee, H., Jang, J., & Lau, J.. *Toward more inclusive grief research: An integrative meta-analysis of race and ethnicity in 25 years of grief research*. Coding in Progress. Target Journal: *American Psychologist*.
14. **Yang, N.**, Lee H. N., & Kim. Y. H. *When grief remains unresolved: Han (한) and the cultural-historical psychology of unresolved suffering*. Manuscript in Progress. Target Journal: *American Psychologist*.

13. **Yang, N.**, Moturu, B., & Gerstenblith, J. *AI for suicide training and risk assessment (ASTRA): Scaffolding novice therapists' competency in suicide risk assessment*. Tool Development in Progress.
Target Journal: *Journal of Counseling Psychology*.
12. **Yang, N.**, & Huynh, K. *When grief goes unseen: Disenfranchised grief among bereaved LGBTQIA+ individuals*. Manuscript in Preparation.
Target Journal: *The Counseling Psychologist*.
11. **Yang, N.**, Bravo, J., Moussa Pasha, L., Hammami, Z., & Stowe, M. *Human-AI attachment: A scoping review*. Coding in Progress.
10. Ji, H., **Yang, N.**, & Park, Y. *AI in counseling psychology and counselor education: A systematic review of emerging supervision and training applications*. Manuscript in Progress.
9. Bravo, J., & **Yang, N.** *Attachment styles and college students attitudes toward AI mental health chatbots and traditional therapy*. Data Collection/Manuscript in Progress.
8. **Yang, N.**, Hogge, I., Cavallieri, K., & White, C. *The impact of anti-DEI legislation on faculty and students in counseling psychology*. Data Collection in Progress.
7. Hammami, Z., & **Yang, N.** *Arab American mental health in a geo-political context: An investigation of secondary trauma and mental health outcomes*. IRB Application in Preparation.
6. Moturu, B. P., **Yang, N.**, Bansal, P., & Miller, M. J. *How Asian Indians in the United States conceptualize and experience the model minority myth*. Manuscript in Progress.
5. Moussa Pasha, L., & **Yang, N.** *Caregiving grief and psychological distress: The roles of attachment, social support, and coping*. Data Collection in Progress.
4. **Yang, N.** *Meaning-making, psychological adjustment, and psychological distress in grieving: A multi-group autoregressive cross-lagged analysis*. Data Analysis in Progress.
3. **Yang, N.** *When the deceased responds: Quasi-attachment in AI-mediated grief*. Manuscript Under Review.
2. **Yang, N.**, & O'Brien, K. M. *Predicting psychological adjustment in grief: Cross-national differences among Koreans and Americans*. Revised Manuscript Under Review (minor revision).
1. **Yang, N.**, Kim, S., Lim, H., & Kim, B. *Academic burnout, life satisfaction, and teachers' and parental supports: Applying the job demands-resources model*. Under Review.

INVITED TALKS, PANELS, AND DISCUSSIONS

6. **Yang, N.** (2026, April 16). *Bridging Psychology and Technology: AI Applications in Grief Support*. STEM Research Society, University of North Texas, Denton, TX.
5. **Yang, N.** (2025, November 16). *Understanding Grief After Loss: Symptoms, Theories, and Cultural Perspectives*. Korean American Wellness Association (KAWA) 2025 Virtual Conference. Korean American Wellness Association.
4. Kim, T., **Yang, N.**, Kim, M., Lee, H., & Lee, H. (2025, November 15). *Collective trauma from sociopolitical crises: Impacts and community resilience*. National Summit for Korean American Mental Health Professionals. Mustard Seed Generation.
3. **Yang, N.** (2025, October 15). *When Grief Meets AI: Clinical Insights and Ethical Dilemmas in the Digital Age*. Psi Chi International Honor Society of Psychology, UNT Chapter, University of North Texas, Denton, TX.
2. **Yang, N.**, Spencer, S., Jenkins, S. R., & Manchack, A. (2024, November 5). *Navigating academia and research: Insights for aspiring psychology professionals*. Invited panel discussion at the Psi Chi International Honor Society of Psychology, UNT Chapter, University of North Texas, Denton, TX.
1. **Yang, N.** (2024, October 25). *상실의 아픔을 포용하기: 애도 상담 접근* [Embracing the Pain of Loss: A Therapeutic Approach to Grief]. Major invited presentation at the Korean Counseling Psychological Association Annual Conference, held via Zoom.

PEER-REVIEWED CONFERENCE PRESENTATIONS

Feature Stage Presentations

- Kim, T., **Yang, N.**, Kim, M., Lee, H., & Lee, H. (2025, August 7–9). *Collective trauma from sociopolitical crises: Impacts and community resilience*. The American Psychological Association 2025 Convention, Denver, CO.

Oral and Interactive Session Presentations

3. **Yang, N.** (2026, March 4-7). *Quasi-Attachment: Rethinking attachment and continuing bonds in the context of AI*. The Association for Death Education and Counseling 2026 Annual Conference, Baltimore, MD.
2. Jang, J., & **Yang, N.** (2025, August 6). *Grieving in Han (한恨), Rising in Heung (흥興), and Rooting in Jeong (정情): Language as decolonial praxis for collective emotion, resistance, and healing*. The Asian American Psychological Association 2025 Convention, Denver, CO.
1. **Yang, N.** (2015, February). *A moderated mediation model of planned happenstance skills, maladaptive perfectionism, career thoughts, and career aspirations*. The 18th Annual American Association of Behavioral and Social Sciences Conference, Las Vegas, NV.

Poster Presentations

34. **Yang, N.** (2026, August 6-8). *Quasi-Attachment: Understanding grief and attachment in the age of AI* [Poster presentation]. The American Psychological Association 2026 Convention, Washington, D.C.
33. **Yang, N.**, Bravo, J., Moussa Pasha, L., Hammami, Z., & Stowe, M. (2026, August 6-8). *Human-AI attachment: A scoping review* [Poster presentation]. The American Psychological Association 2026 Convention, Washington, D.C.
32. **Yang, N.**, & Kim, Y. H. (2026, June 24-27). *Rethinking Suffering: Cultural-Historical Perspectives on Han (한) and Psychotherapy in Korea*. The 57th International Annual Meeting of the Society for Psychotherapy Research (SPR), Osaka, Japan.
31. **Yang, N.**, Moturu, B., & Gerstenblith, J. (2026, June 24-27). *Designing AI-supported scenario-based clinical training for novice therapists: A design-based research approach* [Poster presentation]. The 57th International Annual Meeting of the Society for Psychotherapy Research (SPR), Osaka, Japan.
30. **Yang, N.**, Hammami, Z., Moussa Pasha, L., & Bravo, J. (2026, June 24-27). *Human-AI attachment: A preliminary scoping review* [Poster presentation]. The 57th International Annual Meeting of the Society for Psychotherapy Research (SPR), Osaka, Japan.
29. Bravo, J., Stowe, M., Hammami, Z., Moussa Pasha, L., Wood, A., Sattar, E., & **Yang, N.** (2025, November 8). *Digital attachment figures: A preliminary scoping review of attachment in human-ai relationships*. The Texas Undergraduate Research Conference in the Social Sciences, Denton, TX.
28. **Yang, N.**, Hwang, H., Stowe, M., Moussa Pasha, L., & Gipson-Washington, R. (2025, August 7–9). *Exploring grief journeys: Qualitative insights into bereaved individuals' experiences*. The American Psychological Association 2025 Convention, Denver, CO.
27. **Yang, N.**, Gipson-Washington, R., Moussa Pasha, L., Hwang, H., & Stowe, M. (2025, April 2–5). *Culture in grief research: A 25-year systematic review and content analysis*. The Association for Death Education and Counseling 2025 Annual Conference, Albuquerque, NM.
26. **Yang, N.**, & Jankauskaite, G. (2024, August). *Artificial Intelligence (AI) in Grief Support: Implications for Counseling Psychologists*. The American Psychological Association 2024 Convention, Seattle, WA.
25. **Yang, N.**, & O'Brien, K. M. (2024, August). *Psychological Adjustment in Grief: A Cross-Cultural Study between the United States and South Korea*. The American Psychological Association 2024 Convention, Seattle, WA.

24. **Yang, N.** (2023, October). *Identifying cross-cultural aspects of continuing bonds in grief: A factor analysis of bereaved individuals in the United States and Korea*. The North American Society for Psychotherapy Research 2023 Conference, Amherst, MA.
23. **Yang, N.**, & O'Brien, K. M. (2023, August). *Predicting U.S. bereaved individuals' psychological adjustment: A preliminary analysis*. The American Psychological Association 2023 Convention, Washington D.C.
22. **Yang, N.**, & Jankauskaite, G. (2023, August). *Recommendations for culturally responsive end-of-life (EOL) care and grief counseling*. The American Psychological Association 2023 Convention, Washington D.C.
21. Ahn, L. H., **Yang, N.**, & An, M. (2023, August). *Experiences of Covid-19 racism, internalized racism, and psychological outcomes among East Asians*. The American Psychological Association 2023 Convention, Washington D.C.
20. O'Brien, K. M., Jankauskaite, G., Yoo, S., Bang, J., Yoon, S., & **Yang, N.** (2023, August). *Grief counseling in Korea and the US: An innovative online intervention for therapists and students*. The American Psychological Association 2023 Convention, Washington D.C.
19. O'Brien, K. M., Jankauskaite, G., Yoo, S., Bang, J., Yoon, S., & **Yang, N.** (2023, May). *Resilience in grief: Training therapists in grief counseling*. University of Maryland College of Behavioral & Social Sciences Research Showcase: Resilience Research Hub, College Park, MD.
18. Cotter, M., Mendoza, A., Patel, P., Parker, A. G., Wood, K. D., Skinner, K. J., Styliadis, A. N., English, A. V., **Yang, N.**, Hill, E. M., Trovato, K., & O'Brien, K. M. (2023, April). *Adventures in qualitative research*. 2023 University of Maryland Psychology Terp Research Fair.
17. Moturu, B. P., Cruz, T., Wang, Y., Abebe, I., O'Connor, S., & **Yang, N.** (2022, August). *Student concerns regarding campus climate and inclusion over the past five years*. The American Psychological Association 2022 Convention, Minneapolis, MN.
16. Wang, Y., Abebe, I., Cruz, T. E., **Yang, N.**, & Moturu, B. P. (2022, February). *Unpacking the perceived positive impacts from the COVID-19 pandemic for students and professional staff*. 2022 Maryland Student Affairs Conference, College Park, MD.
15. **Yang, N.** (2021, August). *Predicting psychological adjustment in grief: Cross-cultural differences among Koreans and Americans*. The American Psychological Association 2021 Convention.
14. **Yang, N.**, Jankauskaite, G., Gerstenblith, J. A., Hillman, J. W., Wang, R. J., Le, T. P., & Hill, C. E. (2021, August). *Counseling psychology doctoral students' experiences of authenticity: A collaborative autoethnography*. The American Psychological Association 2021 Convention.
13. **Yang, N.**, & Jeevanba, S. B. (2021, August). *The impact of COVID-19 on international graduate students in counseling/clinical/school psychology graduate programs*. The American Psychological Association 2021 Convention.

12. O'Brien, K. M., **Yang, N.**, Jankauskaite, G., Herman, M., Hill, E., Ashai, S., & Khibovska, A. (2021, August). *Listening to women caregivers: Emotional and relational challenges and rewards*. The American Psychological Association 2021 Convention.
11. **Yang, N.**, & Jankauskaite, G. (2020, August). *Religious, spiritual, and existential beliefs among grieving individuals*. The American Psychological Association 2020 Convention.
10. Bansal, P., Moturu, B. P., **Yang, N.**, & Miller, M. J. (2020, August). *How Asian Indians in the United States conceptualize and experience the model minority myth*. The American Psychological Association 2020 Convention.
9. **Yang, N.**, & O'Brien, K. M. (2020, April). *Assessing meaning-making and posttraumatic growth during grieving*. The Association for Death Education and Counseling 2020 Annual Conference, Columbus, OH.
8. O'Brien, K. M., **Yang, N.**, Jankauskaite, G., Herman, M., Hill, E., Ashai, S., & Khibovska, A. (2020, April). *Listening to women caregivers: Occupational and economic challenges*. The Association for Death Education and Counseling 2020 Annual Conference, Columbus, OH.
7. O'Brien, K. M., Jankauskaite, G., & **Yang, N.** (2019, August). *Women's involvement in end-of-life care: Career/vocational/economic effects*. The American Psychological Association 2019 Convention, Chicago, IL.
6. Jankauskaite, G., O'Brien, K. M., & **Yang, N.** (2019, August). *Examining predictors of grief counseling skills among university counseling center therapists*. The American Psychological Association 2019 Convention, Chicago, IL.
5. O'Brien, K. M., Jankauskaite, G., **Yang, N.**, Khibovska, A., Hill, E., Lipp, N., Ashai, S., & Herman, M. (2019, August). *Improving the teaching of end-of-life communication skills: A call to counseling psychologists*. The American Psychological Association 2019 Convention, Chicago, IL.
4. Lee, M., Lee, B. H., **Yang, N.**, & Lee, S. M. (2019, August). *Peer support in oppressive class climate: Focusing on the mediation of academic hatred in JD-R model*. The American Psychological Association 2019 Convention, Chicago, IL.
3. **Yang, N.** (2017, July). *Development and validation of the Meaning Making Scale in Grief*. The 14th European Conference on Psychological Assessment, Lisbon, Portugal.
2. **Yang, N.**, & Lee, S. M. (2016, August). *Development and validation of the Meaning Making Scale for coping with loss*. The International Conference on Education, Psychology, and Social Sciences, Kuala Lumpur, Malaysia.

1. Jin, Y., **Yang, N.**, Yaung, H., & Lee, S. (2016, June). *Utilizing planned happenstance skills to foster students' life satisfaction: Practical implications from research*. The 2016 National Career Development Association (NCDA) Global Career Development Conference, Chicago, IL.

OTHER PUBLISHED WORKS

4. Dozier, M. E., & **Yang, N.** (2026, January 26). *Meaningful mentorship in psychology with APF's Early Career Psychologist (ECP) committee chairs*. American Psychological Foundation.
<https://ampsyhfdn.org/mentorship-ecp/>
3. **Yang, N.**, Jeevanba, S. B., & Daruwalla, S. (2020, August 1). *A practical guide to support international students in the U.S. amid COVID-19 & anti-immigration policies*. Society of Counseling Psychology, American Psychological Association Division 17.
<https://www.div17.org/sections/international/resources/>
2. Jeevanba, S. B., **Yang, N.**, & Daruwalla, S. (2020, August 1). *Tips and resources for international students in the U.S.: How to deal with the uncertainty of COVID-19 and immigration policies?* Society of Counseling Psychology, American Psychological Association Division 17.
<https://www.div17.org/sections/international/resources/>
1. Franco, M., & **Yang, N.** (2020, April 27). *Culture impacts how we grieve*. Psychology Today.
<https://www.psychologytoday.com/sg/blog/platonic-love/202004/culture-impacts-how-we-grieve>

CREATIVE WRITING

- Yang, N.** (2020, August 1). *A local restaurant that exemplifies social justice values through supporting Black/African American, Asian/Asian American, and LGBTQ+ individuals amid the Double Pandemic*. The Chase Sapphire Supports Restaurants Contest.
- Selected as one of the top 20 essays among 2,500 nominations for COVID-19 pandemic recovery assistance for a local restaurant, resulting in a \$50,000 grant for the restaurant *Beau Thai* in Washington, D.C.
 - Highlighted the owners' commitment to promoting social justice in the community and engaging in social justice advocacy efforts, including their support for Black/African American, Asian/Asian American, and LGBTQ+ individuals amid the double pandemic.

HONORS & AWARDS

- | | |
|------|---|
| 2026 | Excellence in Research Award
Department of Psychology, University of North Texas |
| 2025 | UNT Global Venture Fund: Collaborative Research/Creative Scholarly Projects Abroad (\$3,000)
International Affairs, University of North Texas |

- 2024 **CEMA Jeffrey S. Tanaka Memorial Dissertation Award in Psychology (Finalist)**
APA Committee on Ethnic Minority Affairs (CEMA)
- 2023 **The Graduate Student Outstanding Research Award**
APA Division 17 International Section (ICP)
- 2023 **The Counseling Psychologist 2023 Outstanding Student Paper Award**
APA Division 17 The Counseling Psychologist (TCP)
- 2023 **The Michael J. Pelczar Award for Excellence in Graduate Study** (\$2,500)
University of Maryland
- 2023 **Jacob K. Goldhaber Travel Grant** (\$500)
University of Maryland
- 2023 **Dean's Fellowship** (\$15,000)
University of Maryland
- 2022 **The Ann G. Wylie Dissertation Fellowship** (\$15,000)
University of Maryland
- 2022 **The Graduate Student Summer Research Fellowship** (\$5,000)
University of Maryland
- 2018 – 2021 **Dean's Fellowship** (\$10,000)
University of Maryland
- 2021 **Section on Supervision and Training Student Poster Session Award**
The APA Division 17
- 2021 **Maryland Diversity Scholar Research Assistantship in Psychological Science**
University of Maryland
- 2021 **ADEC 2021 Annual Conference Student Scholarship**
Association for Death Education and Counseling 2021 Annual Conference
- 2020 **The Dr. Bruce Fretz Research Endowment Fund** (\$500)
University of Maryland Counseling Psychology Program
- 2020 **ADEC 2020 Annual Conference Student Scholarship**
Association for Death Education and Counseling 2020 Annual Conference
- 2020 **Jacob K. Goldhaber Travel Grant** (\$500)
University of Maryland
- 2020 **Advanced Training in Methodology and Statistics Award** (\$395)

	University of Maryland
2020	The Korean Honor Scholarship (\$1,000) Embassy of the Republic of Korea
2018 – 2019	Travel Award (\$1,000) University of Maryland
2019	Top Downloaded Article 2017-2018 Journal of Employment Counseling
2017	Korea University Graduate School Achievement Award Korea University
2017	Outstanding Thesis Award (\$1,350) Korea University
2016	The Brain Korea (BK) 21 Plus Research Funds Korea University

RESEARCH GRANTS

2026	Dean's Momentum Circle Seed Funding College of Liberal Arts & Social Sciences (CLASS), University of North Texas <u>Project Title:</u> Transforming Clinical Training through AI-Driven Interventions for Novice Therapists <u>Role:</u> Principal Investigator (PI) <u>Total Amount:</u> \$8,000 <u>Status:</u> Accepted
2025	AI and Mental Health Grant Program OpenAI <u>Project Title:</u> Understanding Grief Engagement and Perceived Support in an AI-Supported Grief Tool <u>Role:</u> Principal Investigator (PI) <u>Total Amount:</u> \$99,569 <u>Status:</u> Not Funded
2025	AI and Mental Health Grant Program OpenAI <u>Project Title:</u> Enhancing Clinical Competence in Novice Therapists Through AI-Augmented Clinical Training <u>Role:</u> Principal Investigator (PI) <u>Total Amount:</u> \$97,500 <u>Status:</u> Not Funded

- 2025 **AI and Mental Health Grant Program**
 OpenAI
Project Title: Culturally Mediated Expressions of Psychological Distress and Failure Modes in AI Safety Responses
Role: Co-PI (PI: Yuhyun Park, PhD)
Total Amount: \$100,000
Status: Not Funded
- 2025 **The Wayne F. Placek Grant**
 American Psychological Foundation (APF)
Project Title: When Grief Goes Unseen: Disenfranchised Grief Among Bereaved LGBTQIA+ Individuals
Role: Principal Investigator (PI; Co-PI: Kiet D. Huynh, PhD)
Total Amount: \$15,000
Status: Not Funded
- 2025 **The Individual Mentoring Grant**
 Faculty Success (Office of the Provost), University of North Texas
Project Title: Integrating AI to Enrich Research and Mentorship in Counseling Psychology
Role: Principal Investigator (PI)
Total Amount: \$1,473
Status: Funded
- 2022 **The Fahs-Beck Doctoral Dissertation Grant**
 The Fahs-Beck Fund, The New York Community Trust
Project Title: Predicting Psychological Adjustment in Grief: Cross-National Differences Among Koreans and Americans
Role: Principal Investigator (PI)
Total Amount: \$7,000
Status: Funded
- 2021 **The APAGS Psychological Science Research Grant**
 American Psychological Association
Project Title: Predicting Psychological Adjustment in Grief: Cross-National Differences Among Koreans and Americans
Role: Principal Investigator (PI)
Total Amount: \$1,000
Status: Funded
- 2020 **Dean's Research Initiative Pre-Candidacy Research Award**
 College of Behavioral & Social Sciences, University of Maryland
Project Title: Predicting Psychological Adjustment in Grief: Cross-National Differences Among Koreans and Americans

Role: Principal Investigator (PI)

Total Amount: \$2,500

Status: Funded

- 2020 **The University of Maryland Faculty-Student Research Award**
 Graduate School, University of Maryland
Project Title: Evaluating an Online Intervention to Educate Graduate Students
 in Psychology about Grief and Grief Counseling Interventions
Role: Sub-Investigator (PI: Karen O'Brien, Ph.D.)
Total Amount: \$10,000
Status: Funded
- 2019 **Dean's Research Initiative Pre-Candidacy Research Award**
 College of Behavioral & Social Sciences, University of Maryland
Project Title: Meaning-Making, Psychological Adjustment, and Psychological Distress
 in Grieving: A Multi-Group Autoregressive Cross-Lagged Analysis
Role: Principal Investigator (PI)
Total Amount: \$900
Status: Funded
- 2016 **Junior Fellow-Research Grant**
 Graduate School, Korea University
Project Title: Development and Validation of the Meaning-Making Scale in Grief
Role: Principal Investigator (PI)
Total Amount: \$3,000
Status: Funded

RESEARCH EXPERIENCE

- 2024 – Present **Lab Director, Grief, Emotion, and Trauma (GET) Lab**
 Department of Psychology, University of North Texas
Principal Investigator: NaYeon Yang, Ph.D.
- 2018 – 2024 **Graduate Student, Counseling Psychology Research Center**
 University of Maryland, College Park, MD
Principal Investigator: Karen O'Brien, Ph.D.
- 2021 – 2022 **Graduate Research Assistant, University of Maryland Counseling Center**
 University of Maryland, College Park, MD
Principal Investigator: Yu-Wei Wang, Ph.D.
- 2014 – 2017 **Graduate Research Assistant, The Brain Korea 21 Plus Project**
 Korea University, Seoul, South Korea
Principal Investigator: Sang Min Lee, Ph.D.

- 2014 – 2017 ***Graduate Research Assistant, Counseling Lab***
Korea University, Seoul, South Korea
Principal Investigator: Sang Min Lee, Ph.D.
- Spring 2013 ***Research Intern, Counseling Psychology Lab***
Yonsei University, Seoul, South Korea
Principal Investigator: Dong-gwi Lee, Ph.D.
- 2012 – 2013 ***Co-researcher, SMART Interdisciplinary Project***
Korea Foundation for the Advancement of Science and Creativity, South Korea
Co-Investigators: Chang Hoon Lee, Ph.D., Won-Seok Seo
- 2011 – 2012 ***Research Assistant, Carlson School of Management***
University of Minnesota, Twin Cities, Minneapolis, MN
Principal Investigators: Kathleen Vohs, Ph.D., Jannine Lasaleta, M.A.
- 2012 ***Research Assistant, Olman Laboratory for Imaging and Vision***
University of Minnesota, Twin Cities, Minneapolis, MN
Principal Investigator: Cheryl Olman, Ph.D.
- 2011 ***Research Assistant, Department of Educational Psychology***
University of Minnesota, Twin Cities, Minneapolis, MN
Principal Investigators: Mary Jane White, Ph.D., Theodore Christ, Ph.D.

TEACHING EXPERIENCE

- Spring 2026 ***Instructor of Record***
Psychology of Death and Dying (PSYC 4020)
Department of Psychology, University of North Texas
Course enrollment: 108 students
- Spring 2026 ***Instructor of Record***
Research in Psychology (PSYC 4850)
Department of Psychology, University of North Texas
Course enrollment: 5 students
- Spring 2026 ***Instructor of Record & Clinical Supervisor***
Counseling Practicum (PSYC 6830)
Department of Psychology, University of North Texas
Course enrollment: 6 students
Supervisees: Sydney Bechtel, Dannie Haakinson, Megan Kelley, Caleb Wilborn, Kelechi Eziri, Erin Vergara
- Fall 2025 ***Instructor of Record***
Multicultural Psychology (PSYC 4030)

Department of Psychology, University of North Texas
Course enrollment: 102 students

- Fall 2025 ***Instructor of Record & Clinical Supervisor***
Counseling Practicum (PSYC 6820)
Department of Psychology, University of North Texas
Course enrollment: 6 students
Supervisees: Sydney Bechtel, Dannie Haakinson, Megan Kelley, Caleb Wilborn, Kelechi Eziri, Erin Vergara
- Summer 2025 ***Instructor of Record & Clinical Supervisor***
Counseling Practicum (PSYC 6820)
Department of Psychology, University of North Texas
Course enrollment: 6 students
Supervisees: Dannie Haakinson, Dionne Regis, Mikaili Robertson, Christie Tsao, Chloe White, Caleb Wilborn
- Spring 2025 ***Instructor of Record & Clinical Supervisor***
Counseling Practicum (PSYC 6830)
Department of Psychology, University of North Texas
Course enrollment: 9 students
Supervisees: Isabella Franks, Olivia Kit, Dionne Regis, Mikaili Robertson, Christie Tsao, Quanisha Whittfield, Sreoshi Chowdhury, Raven Gipson-Washington, Hunter Williams
- Fall 2024 ***Instructor of Record***
Multicultural Psychology (PSYC 4030)
Department of Psychology, University of North Texas
Course enrollment: 102 students
- 2018, 2021 ***Teaching Assistant***
Living the Good Life: The Psychology of Happiness (2 terms)
University of Maryland, College Park, MD
- 2019 – 2021 ***Teaching Assistant***
Psychology of Interpersonal Relationships (4 terms)
University of Maryland, College Park, MD
- 2020 ***Teaching Assistant***
Social Psychology (1 term)
University of Maryland, College Park, MD
- 2019 ***Teaching Assistant***
Counseling Psychology: Theories, Research, and Practice (2 terms)
University of Maryland, College Park, MD

- 2019 ***Teaching Assistant / Lab Leader of Record***
Basic Helping Skills: Research & Practice (1 term)
University of Maryland, College Park, MD
- 2017 ***Instructor of Record***
National Competency Standard Core Competences: Communications,
Interpersonal Relationships, and Problem-Solving Skills (2 courses)
Dongyang Mirae University, Seoul, South Korea
- 2015 – 2016 ***Teaching Assistant***
Human Relationship Skills (2 terms)
Korea University, Seoul, South Korea
- 2013 – 2014 ***Instructor***
English Language Program (5 courses)
Korea University (KU) International Language Institute, Seoul, South Korea

PROFESSIONAL SERVICE

- 2025 – Present ***Chair, International Mentoring and Orientation Committee (IMOC)***
APA Division 17 International Section (ICP)
- 2025 – Present ***Research Chair, APF Early Career Psychologist (ECP) Committee***
American Psychological Foundation (APF)
- 2025 – Present ***Mentor, 2025 TCP Reviewer Mentorship Program***
The Counseling Psychologist (TCP)
- 2019 – 2021 ***APA SAS Program Representative***
APA Division 17 Student Affiliates of Seventeen (SAS)
- 2019 – 2021 ***Co-Student Representative***
APA Division 17 International Section (ICP)
- 2019 ***APA 2019 Convention Volunteer***
APA Division 17
- 2017 ***Journal Editorial Assistant***
Korean Counseling Psychological Association
- 2017 ***Secretary***
Research Ethics Committee, Korean Counseling Psychological Association
- 2014 – 2016 ***Secretary***
Korea Society for Cinema Image Therapy

2015	Secretary International Exchange Committee, Korean Counseling Association
2014	Secretary Assistant Korean Counseling Psychological Association

UNIVERSITY SERVICE

2026 – Present	Research Committee Department of Psychology, University of North Texas
2025 – Present	Scholarship Committee Department of Psychology, University of North Texas
2025 – Present	Clinic Routine Assessment Committee Department of Psychology, University of North Texas
2024 – Present	Counseling Psychology Program Committee Department of Psychology, University of North Texas
2025	Research Infrastructure Subcommittee Department of Psychology, University of North Texas
2025	Visiting Lecturer Search Committee Department of Psychology, University of North Texas
2024 – 2025	Lecturer/Senior Lecturer Search Committee Department of Psychology, University of North Texas
2021 – 2023	Social Justice Brownbag Committee University of Maryland Counseling Psychology Student Association
2020 – 2021	Treasurer University of Maryland Counseling Psychology Student Association
2019 – 2020	Psychology Department Representative Graduate Student Government (GSG), University of Maryland
2019 – 2020	Elections Committee Graduate Student Government (GSG), University of Maryland
2018 – 2021	SONA Graduate Coordinator Department of Psychology, University of Maryland

2011 – 2012 **Student Health Benefits Consultative Committee**
Office of Student Health Benefits, University of Minnesota

EDITORIAL BOARD AND AD-HOC REVIEW

2025 – Present **Editorial Board Member**
The Counseling Psychologist (TCP)

2025 – Present **Editorial Board Member**
Journal of Prevention & Health Promotion (JPHP)

2024 – Present **Editorial Board Member**
Journal of College Student Mental Health (JCSMH)

2023 – 2024 **Ad-Hoc Reviewer**
The Counseling Psychologist (TCP)

2022 – 2023 **Student Reviewer**
TCP Reviewer Mentorship Program, The Counseling Psychologist (TCP)

2022 **KCA-IC 2022 Conference Proposal Reviewer**
Korean Counseling Association - International Chapter

2021 **Co-Reviewer**
Journal of Career Assessment (JCA)

2021 **TCP Best Paper Awards 2021 Student Award Committee**
The Counseling Psychologist (TCP)

2021 **APA Division 17 Program Proposal Reviewer**
American Psychological Association 2021 Convention

2019 **Proposal Reviewer**
Counseling Psychology Conference 2020

GRANT REVIEW

2025 **The Springfield Research Fund Grants Committee**
American Psychological Foundation (APF)

2025 **Visionary Grant Review Committee**
American Psychological Foundation (APF)

2024

CHANGE Grant Review Committee

American Psychological Foundation (APF) APA Division 56

Cultivating Healing, Advocacy, Nonviolence, Growth, and Equity (CHANGE) Grant

DOCTORAL DISSERTATION/THESIS COMMITTEE

Dissertation Committee Member

- *Ashley Koh*, Ph.D. in Counseling Psychology, University of North Texas
 - Dissertation: *Emotional Self-Control, Self-Compassion, Perceived Burdensomeness, Self-Stigma of Seeking Help, and Help-Seeking Intention Among Asian Americans* (Proposal, 2025)
- *Cameren Pryor*, Ph.D. in Counseling Psychology, University of North Texas
 - Dissertation: *Body Image, Appearance, and the Self: The Experiences of Black Female Collegiate Athletes* (Proposal, 2025)
- *Cassandra Jean-Ceide*, Ph.D. in Counseling Psychology, University of North Texas
 - Dissertation: *Fat Black Women and Their (Womanist) Attitudes: Examining the Roles of Body Appreciation, Sexual Autonomy, and Womanism on Sexual Risk among Fat Black Women* (Proposal, 2025)

Thesis Committee Member

- *Sreoshi Chowdhury*, M.A. in Counseling Psychology, University of North Texas
 - Thesis: *A Qualitative Study of Racism-Related Stress and Physical Health Concerns Among Psychology Graduate Students of Color* (Proposal, 2026)
- *Dannie Haakinson*, M.A. in Counseling Psychology, University of North Texas
 - Thesis: *A Thematic Analysis on the Perceptions of Allyship for Transgender and Nonbinary Individuals* (Proposal, 2025)
- *Chloe White*, M.A. in Counseling Psychology, University of North Texas, 2025
 - Thesis: *Personal Histories of Suicide and Emotional Reactions toward Suicidal Clients: The Mediating Role of Suicide Stigma Among Mental Health Trainees*

ADVISING, MENTORING, AND SUPERVISION

Ph.D.

Zeina Hammami (University of North Texas)
 Lynn Moussa Pasha (University of North Texas)
 Joonwoo Lee (University of Wisconsin, Madison)
 Génesis Genao (University of Maryland, College Park)
 Jennifer Jang (University of Maryland, College Park)
 Soyeon Kim (University of Nebraska–Lincoln)
 Sally Ye Jin Lee (Georgia State University)

Master's	Melissa Stowe (Texas Woman's University)
Undergraduate	Jacqueline Bravo (University of North Texas) Andi Wood (University of North Texas) Eesha Sattar (University of North Texas) Zeenat Mirza (University of North Texas) Cassandra Carrasco (University of North Texas) Ollie Ibarra (University of North Texas) Edidiongabasi Nkanga (University of North Texas)

CLINICAL EXPERIENCE

2025 – Present	<i>Supervisor, UNT Psychology Clinic</i> , Denton, TX Department of Psychology, University of North Texas (UNT) Supervisees: Listed under the Teaching Experience section
2023 – 2024	<i>University of Maryland Counseling Center</i> , College Park, MD Predoctoral Internship in Health Service Psychology (APA-Accredited) <u>Rotation, Committee, & Drop-In</u> : Trauma, Training, Rainbow (LGBTQ+) <u>Training Director</u> : María Luz Berbery, Ph.D. <u>Supervisors</u> : Allison Asarch, Psy.D., Yi-Jiun Lin, Ph.D., CJ Polihronakis, Ph.D., David Petersen, Ph.D., Chandni Shah, Ph.D., Pepper Phillips, Ph.D., Grace-Ellen Mahoney, Ph.D.
2021 – 2023	<i>Therapist-in-Training, Maryland Psychotherapy Clinic and Research</i> College Park, MD (Virtual) <u>Faculty/Supervisors</u> : Stacie Ain, Ph.D., Suzie Friedman, Ph.D., Clara Hill, Ph.D., Charles Gelso, Ph.D.
2022 – 2023	<i>Group Co-Facilitator, Eating Recovery Center of Baltimore</i> Towson, MD (Virtual) <u>Supervisor</u> : David Roth, Ph.D.
2022	<i>Summer Practicum Extern, UMD Counseling Center</i> College Park, MD <u>Supervisor</u> : Michelle Farrell, Ph.D.
2021	<i>Supervisor-in-Training, Supervision Practicum, University of Maryland</i> College Park, MD (Virtual) <u>Faculty/Supervisor</u> : Noah Collins, Ph.D.
2021	<i>Group Co-Facilitator, Group Practicum, UMD Counseling Center</i> College Park, MD (Virtual) <u>Faculty/Supervisors</u> : Yi-Jiun Lin, Ph.D., Dennis Kivlighan, Ph.D.

- 2020 – 2021 ***Doctoral Extern, American University Counseling Center***
Washington, D.C. (Virtual)
Supervisors: Dave Jean, Ph.D., Melissa Meulman, Psy.D.
- 2020 ***Practicum Trainee, Career Counseling Practicum, UMD Counseling Center***
College Park, MD
Supervisor: Michelle Farrell, Ph.D.
- 2019 ***Practicum Trainee, Advanced Practicum, UMD Counseling Center***
College Park, MD
Faculty/Supervisors: Darren Freeman-Coppadge, Ph.D., Mary Ann Hoffman, Ph.D.
- 2019 ***Practicum Trainee, Basic Practicum, UMD Counseling Center***
College Park, MD
Faculty/Supervisors: Xu Li, M.S., Pepper Phillips, Ph.D.
- 2018 ***Practicum Trainee, Pre-Practicum, University of Maryland***
College Park, MD
Faculty/Supervisors: Seini O'Connor, M.Sc., Clara Hill, Ph.D.
- 2016 – 2017 ***Counseling Intern, Sejong University Counseling Center***
Seoul, South Korea
Supervisors: Eunmi Kim, Ph.D., Geonhye Seol, Ph.D.
- 2015 ***Academic Counselor, Center for Teaching and Learning, Korea University***
Seoul, South Korea
Faculty/Supervisor: Hyeon Jeong Yang, Ph.D.
- 2014 – 2015 ***Career Counselor, Education Dept. Career Counseling Center, Korea University***
Seoul, South Korea
Faculty/Supervisors: Seunghye Sohn, Ph.D., Sang Min Lee, Ph.D.

PROFESSIONAL AFFILIATIONS

- 2018 – Present American Psychological Association (APA)
- Society of Counseling Psychology (Div. 17)
 - International Section (ICP)
 - Korean Psychologist Network (KPN)
 - Society for the Psychological Study of Culture, Ethnicity, and Race (Div. 45)
 - International Psychology (Div. 52)
 - Trauma Psychology (Div. 56)
- 2019 – Present Association for Death Education and Counseling (ADEC)
- 2018 – Present Korean Counseling Association (KCA)
- 2014 – Present Korean Counseling Psychological Association (KCPA)
- 2024 – 2025 Asian American Psychological Association (AAPA)
- 2023 – 2024 Society for Psychotherapy Research (SPR)

REFERENCES

Karen M. O'Brien, PhD

Professor and Faculty Ombuds, Office of the President

Department of Psychology

University of Maryland

kmobrien@umd.edu

Clara E. Hill, PhD

Retired Professor

Department of Psychology

University of Maryland

cehill@umd.edu

Sang Min Lee, PhD

Professor

Department of Education

Korea University

leesang@korea.ac.kr