
Matthew F. Baysden

E-mail: MATTHEW.BAYSDEN@UNT.EDU

EDUCATION

Ph.D., Counseling Psychology, 2002

OKLAHOMA STATE UNIVERSITY, Stillwater, OK

Dissertation: *Structural Equation Model examining* U.S. Citizen and International college students' adaptation, opinions about mental illness, and attitudes towards seeking professional psychological help.

APA - Accredited Internship, 2001,

UNIVERSITY OF FLORIDA COUNSELING CENTER, Gainesville, FL

M.S., Counseling, 1997

SPRINGFIELD COLLEGE, Springfield, MA

Thesis: *MANOVA examining* Relationship of Goal Orientation to Burnout and Commitment in Athletes

B.A., Psychology, 1991

UNIVERSITY OF CENTRAL FLORIDA, Orlando, FL

LICENSURE

Licensed Psychologist, Texas License #33939

PsyPACT, Mobility number #20190, Authority to Practice Interjurisdictional Telepsychology (APIT).

CURRENT EMPLOYMENT

LECTURER

(2023 – Present)

UNIVERSITY OF NORTH TEXAS, FRISCO & DENTON

Teach a 4–4 undergraduate load with face-to-face instruction across multiple levels of the psychology curriculum: General Psychology (PSYC 1630, 120 – 150 students), Biological Psychology (PSYC 1650, 50 – 80 students), Abnormal Psychology (PSYC 4610, 25 – 80 students), Developmental Psychology (PSYC 3620, 50 – 75 students), Social Psychology (PSYC 3100, 40 – 80 students), Interviewing for paraprofessionals in Psychology (PSYC 4110, 6 – 35 students), & Special Topics (Psyc 4900, 1 student). **Advising** Serve as Faculty Advisor for the College of Liberal Arts and Social Sciences (CLASS) and the Department of Psychology, meeting with an average of 6 to 8 students per week to provide guidance on course registration, major/minor requirements, and preparation for graduate school.

Psychologist, Owner

(2013 – Present)

MATTHEW F. BAYSDEN, PH.D.

Comprehensive Psychological services in the Dallas-Ft. Worth Metroplex area with adolescents, adults, and older adults. Providing counseling, consulting, and assessment to individual, couples, and families. Empirically validated counseling on a breadth of issues ranging from personal growth, work-life balance, mindfulness, anxiety/stress management, depression, retirement, career transitions, relationships, sexual orientation, and severe psychopathology. Conducted psychological evaluations and assessment for Disability Determination for Social Security Administration that included Intellectual, personality, cognitive and neurocognitive

assessments. Contract Psychologist providing psychological diagnosis to Veterans of the US armed forces through either a PTSD, Other Mental Disorders, or eating disorders compensation and pension exam as regulated by U.S. Veterans affairs.

UNIVERSITY TEACHING EXPERIENCE

VISITING PROFESSOR

(2021 – 2023)

UNIVERSITY OF NORTH TEXAS, FRISCO & DENTON

Taught undergraduate courses across core psychology curriculum, including General Psychology (PSYC 1630), Biological Psychology (PSYC 1650), Experimental Methods (PSYC 3650), Developmental Psychology (PSYC 3620), Quantitative Methods (PSYC 2317, PSYC 3317), Social Psychology (PSYC 3100), and History & Systems (PSYC 4600).

ADJUNCT PROFESSOR

(MAY – JUNE 2024)

THE CHICAGO SCHOOL, DALLAS

Facilitated graduate-level Research Methods class in the Psychology Department, PY455TX Research Methods, designed to teach students experimental and quasi-experimental research designs at both the conceptual and applied levels.

Online Instructor

(Sep 2007 – May 2011)

UNIVERSITY OF PHOENIX ONLINE

Facilitated graduate-level courses in psychology through an online environment:

Lifespan Development (PSYCH 500), *Personality Theories (Psych 504)*, *Measurements and Statistics (Psych 525)*, and *Multicultural Psychology (Psych 535)*.

Adjunct Professor

(Jan 2005 – Jul 2007)

TROY UNIVERSITY FLORIDA & WESTERN REGION

Facilitated graduate-level courses in a graduate counseling program:

Counseling Diverse Populations (CP 6651), *Career Development and Information Services (CP 6643)*, and *Facilitation and Counseling Skills (CP 6680)*.

Adjunct Professor

(Spring/ Summer 2005)

JACKSONVILLE UNIVERSITY

Facilitated undergraduate course in psychology: *Introduction to Psychology & Human Development*.

Adjunct Professor

(Spring 2005)

GRADUATE PROGRAM IN COUNSELING, ROLLINS COLLEGE

Facilitated graduate-level courses in a **CACREP**-accredited graduate program in counseling:

Family and Relationship Counseling (CP 555) designed to teach developing therapists how to apply theoretical and pragmatic components of the major theories of family and relationship theory to the counseling setting through therapeutic intervention.

Tenure-Track Assistant Professor

(Aug 2001 – June 2003)

COUNSELING DEPARTMENT, UNIVERSITY OF NORTH DAKOTA

Facilitate two graduate courses per semester (6 credits total) in an **APA-accredited** Counseling Psychology doctoral program and **CACREP**-accredited graduate program in counseling.

Served as advisor for several master's- and doctoral-level students. Served on thesis and dissertation committees, various departmental and university committees, and created and maintain a personal research agenda. Courses taught included *Methods of Counseling (COUN 510)*, *Counseling Practicum (COUN 580)*, *Multicultural Counseling (COUN 532)*, *Reality Therapy (COUN 565)*, *Child/ Adolescent Development & Counseling (COUN 565)*, *Group Process (COUN 518)*, *Theories*

Practice of Supervision (COUN 560), Logotherapy (COUN 565).

Graduate Teaching Assistant, World of Work

(Sep 1998 – May 2000)

OKLAHOMA STATE UNIVERSITY COLLEGE OF EDUCATION

Coordinated and facilitated **seven-sections** of an undergraduate course designed to enhance students' understanding of self, and expand their knowledge of careers and the decision-making process.

**CLINICAL COUNSELING
EXPERIENCE**

Psychologist

(2018 – 2023)

SOUTH CENTRAL TEXAS HEALTHCARE/CLAY CONSULTING

Contract Psychologist providing psychological diagnosis to Veterans of the US armed forces through either a PTSD, Other Mental Disorders, or eating disorders compensation and pension exam as regulated by U.S. Veterans affairs.

Psychologist

(2017 – 2018)

ENTERHEALTH RANCH

Comprehensive inpatient individual, group, couples and family substance abuse treatment with adolescents, adults, and older adults.

Clinical Health Psychologist

(SEP 2010 – JAN 2014)

VERICARE INC.

Gero-psychological behavioral health care solutions providing support strategies, treatment team consultations, and behavioral health counseling enabling patients recently admitted to long term care facilities to adjust to a change in lifestyle, which included increased dependency on others for care and increased feelings of depression and anxiety. Neurocognitive assessments to facilitate treatment team strategies.

Practicum/Internship Coordinator, Licensed Psychologist

(Aug 2005 – Sep 2010)

UNIVERSITY COUNSELING CENTER, TEXAS A&M UNIVERSITY – CORPUS CHRISTI

Provide individual, couples, and group counseling to a cross section of a traditional and non-traditional aged diverse college population of about 9,000 students. Provide clinical assessment and crisis intervention services. Develop and implement consultation and outreach programs. Organize, Plan, and implement the training program for master's level students from the psychology & counseling departments. Provide clinical supervision to master's Level interns. Participate in ongoing continuing education, departmental meetings, staff meetings and committees. Organized, planned and implemented the first international student group on campus; currently provide a consultation role to the Office of International Education on international student programming.

Psychological Resident

(Aug 2004 – Aug 2005)

STUDENT COUNSELING CENTER, JACKSONVILLE UNIVERSITY

Provided individual counseling to a cross section of a traditional aged, diverse college population of about 3,000 students. Provided clinical assessment and crisis intervention services. Developed and implemented consultation and outreach programs. Provided clinical supervision to master's level interns. Participated in continuing education and training activities, staff meetings and committees.

Psychological Resident,

(Nov 2003 – Apr 2004)

INTEGRATIVE HEALTH PSYCHOLOGY, P.A.

Provided individual counseling in a private practice setting to clients with chronic pain, PTSD, DID, and spousal abuse issues.

CONSULTANT*(Nov 2003 – Aug 2004)*

The Kenworthy School

Observed elementary aged children in their classroom environment & consulted with administration on testing protocols for appropriate classroom placement (i.e. gifted & talented, remedial, or behavioral modification).

Counselor*(Jan 2003 – May 2003)*

UNIVERSITY COUNSELING CENTER, UNIVERSITY OF NORTH DAKOTA

Individual counseling to cross-section of a diverse student population of about 12,400 students, volunteered one afternoon a week.

Group Co-Facilitator*(Aug 2000 – May 2003)*

GRAND FORKS COMMUNITY VIOLENCE INTERVENTION CENTER

Provide psycho-educationally based (Duluth Model) group therapy to court-ordered male perpetrators of domestic violence.

Clinic Supervisor*(Sum/Fall 2001)*

COUNSELING CLINIC AT NORTHEAST HUMAN SERVICES, UNIVERSITY OF NORTH DAKOTA,

Provided individual and group supervision to master's student counselors and doctoral student supervisors. Responsible for the coordination of the clinic's administrative functions, including client appointments, collection of fees, and hours of operation.

Pre-Doctoral Psychology Intern*(Aug 2000 – Jul 2001)*

COUNSELING CENTER, UNIVERSITY OF FLORIDA

on Provided individual, couples, and group counseling to a cross-section of a diverse student population of about 46,500 students. Provided clinical assessment and crisis intervention services. Made medical referrals to on-staff psychiatrist. Developed and implemented consultation and outreach programs. Provided clinical supervision. Participated in continuing education and training activities, staff meetings and committee work. Collaborated with career peer counselor program to provide consultation assessment and counseling issues.

Doctoral Practicum Counselor*(Jan 1999 – May 1999)*

COUPLES CLINIC, OKLAHOMA STATE UNIVERSITY

Provided couples co-counseling through an innovative narrative-reflective team approach to treatment planning. Participated as a member of the reflective team, which would summarize the session and would provide the couple and therapist with process observations and questions.

Doctoral Practicum Counselor*(Aug 1998 – May 1999)*

COUNSELING CENTER, OKLAHOMA STATE UNIVERSITY

Provided individual counseling and clinical assessment using intake interviews and assessment instruments (e.g., MMPI). Conducted crises intakes, and made medical referrals to on-staff psychiatrist. Developed and implemented outreach presentations and in-service training. Participated in continuing education and training activities, staff meetings and committees. Served as a consultation/liaison counselor, as part of a team for Willard Hall Dormitory.

Marriage and Family Practicum Counselor*(Jan 1998 – May 1998)*

MARRIAGE AND FAMILY SERVICES, OKLAHOMA STATE UNIVERSITY

Provided couple and family therapy as a co-therapist. Provided consultation and assisted in treatment planning as part of a team of counselors, which observed sessions behind a one-way mirror.

Youth and Family Practicum Counselor*(Aug 1997 – Aug 1998)*

PAYNE COUNTY YOUTH SERVICES

Provided youth services in a community outpatient treatment facility that received referrals from area schools, parents, health department, social service agencies, and inpatient treatment facilities. Provided individual and family counseling for adolescents, and co-facilitated psycho-educational parenting groups. Served as an outreach counselor for a rural middle school. Participated in continuing education and training activities, and staff meetings.

Graduate Practicum Counselor

(Aug 1996 – May 1997)

SPRINGFIELD COLLEGE COUNSELING CENTER

Provided individual and couples counseling for undergraduate students. Participated in continuing education and training activities, and staff meetings.

Graduate Practicum Athletic Counselor

(Aug 1995 – 1997)

SPRINGFIELD COLLEGE CENTER FOR SPORT PERFORMANCE ENHANCEMENT AND RESEARCH

Provided athletic counseling services with individual graduate and undergraduate student athletes. Provided academic advising. Consulted as the athletic counselor with the men and women's swim teams, men's basketball team, and the football team.

RESEARCH

PUBLICATIONS

Miville, M.L., Constantine, M. G., Baysden, M.F., So-Lloyd, G. (2005). Chameleon Changes: An exploration of racial identity themes of multiracial people. *Journal of Counseling Psychology*, 52(4), 507-516.

Montgomery, D., Miville, M. L., Winterowd, C., Jeffries, B. J., & Baysden, M. F. (2000). American Indian college students: Resiliency factors revealed through personal stories. *Journal of Cultural Diversity and Ethnic Minority Psychology*, 6(4), 387 – 398.

RESEARCH

PRESENTATIONS/PAPERS

NATIONAL:

Baysden, M. F. (2003). International and United States Citizen student adaptation to college, opinions about mental illness, and attitudes toward seeking professional counseling help. Poster session presented at the 2003 annual meeting of the American Psychological Association, Toronto, OT. (Peer Reviewed)

Newman, S.C., McCaslin, S.E., Yuen, R., Baysden, M., Jackman, C.F., & Comunian, A.L. (2000, August). An international organization for students in psychology: Planning and implementation. Conversation hour presented at the 108th annual meeting of the American Psychological Association, Washington D.C.

McCaslin, S.E., Baysden, M., & Comunian, A.L. (2000, July). An International Organization of Students: Follow-up and planning. Conversation hour presented at the 58th annual meeting of the International Council of Psychologists, University of Padua, Italy. Congress of Psychology, Stockholm, Sweden.

Miville, M. L., Baysden, M. F., So-Lloyd, G. (1999). Multiracial identity development: An investigation of emerging themes. Poster session presented at the 1999 annual meeting of the American Psychological Association, Boston, MA. (Peer Reviewed).

Jeffries, B., Montgomery, D., Miville, M. L., Winterowd, C., Baysden, M., Kells, K. B., & Wood, K. (1999). American Indian college students: Resiliency factors revealed through personal stories. Poster session presented at the 1999 annual meeting of the American Psychological Association, Boston, MA. (Peer Reviewed).

Hamilton, S. G., Levitt, N. G., Nolan, E., Sheras, P. E., Baysden, M. F., & Reichstein, A. (1999) Show me the money: How to advocate for federal funding for graduate psychology education. Symposium presentation at the 1999 annual meeting of the American Psychological Association, Boston, MA. (Peer Reviewed).

Baysden, M. F., Brewer, B. W., Petitpas, A. J. & Van Raalte, J. L. (1997). Motivational correlates of athletic identity. Poster session presented at the 1997 annual meeting of the Association for Advancement of Applied Sport Psychology, San Diego, CA. (Peer Reviewed).

LOCAL:

Baysden, M.F. & Summers, B. (2019). Challenges of Completing C&P Disability Examinations with Veterans: Complexities of the PTSD Diagnosis & Multi-Facets of Symptom Exaggeration. Symposium presented at the 2019 Texas Psychological Association annual conference San Antonio, TX.

Baysden, M. F. & Jagow-France, D., (2003). Native American Mascots', experiences of racism, and social dominance. Poster session presented at the 2003 North Dakota Psychological Association Spring Conference, Fargo, ND.

Baysden, M.F. & Rempel, V (2003). Toward a Definition of Spirituality: Defining the Ineffable. Poster session presented at the 2003 North Dakota Psychological Association Spring Conference, Fargo, ND.

Baysden, M.F. (2002). Working with International Students. Symposium presented at the 2002 annual Northern Lights Psychology Conference, Grand Forks, ND.

Baysden, M.F. (2002). International and U.S. Citizen Student adaptation to College, Opinions About Mental Illness, and Attitudes Toward Seeking Professional Help. Poster presentation presented at the 2002 annual Northern Lights Psychology Conference, Grand Forks, ND.

Baysden, M. F., Johnson-Hanson, J., & Harvey, D. T. (1997). Outlook '97: Using the internet as a resource tool for students and professionals working with athletes. Symposium presented at the 1997 annual conference on counseling athletes, Springfield, MA.

Baysden, M. F. (1997). Relationship of goal orientation to burnout and commitment in athletes. Symposium presented at the 1997 annual conference on counseling athletes, Springfield, MA.

DISSERTATION COMMITTEES

BELL, A. (2025). The Impact of Living Abroad on Self-Identity. Department of Clinical Psychology, The Chicago School

THESIS COMMITTEES

Reis, R. L. (2003). Magazine Influences on Males' Self Reported Body Image.

Rooks, E. M. (2003). Self-Concept and Gender Identity Differences in Children's Cross-Sex and Same-Sex Friendships.

Lafournaise, T. L. (2003). An Investigation of the relationship between high-frequency hearing loss and exposure to loud sounds among female college students.

STUDENT LEAD RESEARCH PROJECTS

Baysden, M.F. & Hill, M. "Understanding Spiritual Intelligence."

Baysden, M. F. & Jagow-France, D. "Native American Mascots' experiences of racism and social dominance."

Baysden, M.F. & Rempel, V. "Toward a Definition of Spirituality: Defining the Ineffable."

RESEARCH GRANTS

Juntenun, C, Wettersten, K. B., & Baysden, M. F. (2003). US Department of Health and Human Services, Graduate Psychology Education - \$125, 521 requested, \$128,597 *funded 8/1/03*. "Behavioral and Mental Health Care for Rural Elders (HCaRE)."

Miville, M. L., & Baysden, M. F. (1997). Biracial identity development: An investigation of emerging themes. Funded via Oklahoma State University Dean's research support program (\$5,000).

NON-ACADEMIC GRANTS RECEIVED

Ban Ba Ka School Scholarship, *American Women's Club of Thailand, 1995*.

A three-year grant of 24,969 Baht (\$1,041). Scholarship for three impoverished high-risk girls to study in secondary school and lower their chances of becoming prostitute.

Santi Suk School Chicken Raising Project, *Peace Corps Supplemental project support, 1995*.

A one-time grant of 12,050 Baht (\$502). Funding to create a chicken-raising project that would provide needed protein to an impoverished hilltribe village with high incidences of Protein Energy Malnutrition.

Santi Suk School Kitchen Project, *Peace Corps Supplemental project support, 1995*.

A one-time grant of 19,925 Baht (\$830). Funding to build a school kitchen to provide a more sanitary place, for the school, to cook and prepare food. Additionally, to create a more sufficient school lunch program.

Santi Suk School Lunchroom Project, *Peace Corps Supplemental project support, 1995*.

A one-time grant of 47,350 Baht (\$1,973). Funding to build a school lunchroom to provide the students with a sanitary area to eat. Additionally, to create a healthier and more sufficient school lunch program.

Pong District HIV/AIDS Teacher/Student Training*, US AID, 1995.

A one-time grant of 28,220 Baht (\$1,176). Support for materials, trainer's wages, and lunches.

*Peace Corps presented this project to the 1996 U.S. Congressional budgetary hearings as an example of innovative and successful Peace Corps Thailand projects.

Pong District Primary Education Office's Scholarship Fund, David Baldwin Inc.

Through Peace Corps Partnership Program and Pong District Primary Education Office, 1995.

A revolving fund of 137,501 Baht (\$5,729). This fund will provide, from accrued interest, secondary school scholarships to impoverished girls, who are at high risk of becoming prostitutes.

PROFESSIONAL AFFILIATIONS

Texas Psychological Association	2006 - Present
American Psychological Association	1996 - Present
Collin County Psychological Association	2025 - Present

PROFESSIONAL SERVICE

University of North Texas

Psychology Department PAC Committee	2024-Present
Psychology Club – Frisco Faculty advisor	2023-Present
Psychology Department Undergraduate Program Committee	2023-Present
College Day Psychology Department Presenter	2023-Present
Professional psychology Faculty Frisco peer mentoring	2022-Present
Frisco Lecturer/Senior Lecturer Job search committee	2024-2025
Psychology Department Visiting Professor search committee	2024-2025
PSYC 1630 Pre_Post Questions (workgroup)	(Fall '23)
Developmental Psychology textbook workgroup	(Fall '23)

Texas A&M University Corpus Christi

Staff Advisory Committee	2007 - 2010
President	2009 - 2010
Vice President/President Elect	2008 - 2009
Constitution/Bylaws Revision committee	2007 - 2008
Representative on University Services Director	2009
Search Committee	
Representative on University Diversity Committee	2008
Representative on QEP Topic Selection Committee for SACS accreditation	2008
Representative on Executive Vice President for Financial Affairs Search Committee	2008
<i>Faculty/ Staff Advisor</i> , Omega Phi Alpha Service Sorority	2006-2007

University of North Dakota

Elected to Faculty Senate Intercollegiate Athletic Committee	2003
<i>Faculty Advisor</i> , Multicultural Activities Committee	2002-2003
<i>Academic Advisor</i> , Sigma Chi Fraternity	2002-2003
Alice T. Clark New Faculty Mentoring program	2001-2002
Departmental Committees	2001-2003

5-year Plan committee
 Native American Position Statement Committee
 Creating a Chinese Cohort Review Committee
 Associate Professor Faculty Search Committee
 Doctoral & Master Student Search Committee

FOREIGN LANGUAGE

SKILLS

ETS/ACTFL Rating of **Advanced** in spoken **Thai**

AWARDS &

HONORS

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| ▪New Provider of the year, Vericare, Inc. North Texas Region | 2011 |
| ▪Psi Chi National Honor Society of Psychology Students | 1997 |
| ▪Who's who Among U.S. Peace Corps Volunteers | 1996 |
| ▪HIV/AIDS Project - Presented at the 1996 U.S. Congressional Budgetary Hearings as an example of "Innovative and Successful Peace Corps Thailand Projects" | 1996 |
| ▪Who's Who Among Students in American Universities and Colleges | 1992 |
| ▪Selected to All-Florida Collegiate Rugby Team, (University of Central Florida) | 1991 |