
AREAS OF INTEREST

Relational Violence, Sexual Violence, Traumatic Stress, Multicultural Concerns, Diversity, Spanish-language Counseling, Non-Profit, College Counseling, Clinical Supervision, Community Education, Mentorship

EDUCATION

- 2016 **Ph.D. in Counseling Psychology**
Texas Woman's University, Denton, TX, APA Accredited
- Dissertation: "Campus Relationship Violence in the Lone Star State: Available Resources for Students Experiencing Relationship Violence, Sexual Assault, and Stalking."
Dissertation Chair: Linda Rubin, Ph.D.
- 2011 **M.A. in Counseling Psychology**
Texas Woman's University, Denton, TX
- Thesis Equivalency: "Gender Role Traditionalism and Rape Myth Acceptance: Differences Between Scholastic Organizations and Sororities."
Thesis Chair: Linda Rubin, Ph.D.
- 2007 **B.S. in Psychology**
Texas Christian University, Fort Worth, TX
- Honors Thesis: "Changing Your Mind: The Effects of Discussion Groups on Individuals' Perceived Prejudice Towards Hispanics and Blacks."
Thesis Advisor: Pamela Stuntz, Ph.D.

PRE-DOCTORAL INTERNSHIP

- 2014 - 2015 **Bowling Green State University Counseling Center**
Bowling Green State University, Bowling Green, OH
APA-Accredited
- Individual Supervisors: Denise Litterer, Ph.D.; Craig Vickio, Ph.D.
- Provided individual counseling to undergraduate and graduate students.
 - Co-facilitated two interpersonal process groups.
 - Provided crisis intervention and safety-planning for individual and walk-in clients.
 - Consulted with Counseling Center staff about client care and resources.
 - Researched available campus and community resources for clients.
 - Served as Counseling Center liaison to campus Title-IX initiatives, e.g. "It's On Us."

- Provided individual clinical supervision to a doctoral-level psychology trainee.

WORK EXPERIENCE

University of North Texas, Denton, TX

08/2023 - Present *Clinical Assistant Professor (Non-tenure track)*

09/2022 - 05/2023 *Adjunct Faculty*

- Serve as Assistant Clinic Director of the UNT Psychology Clinic.
- Provide clinical supervision to Doctoral-level practicum teams.
- Instructor of record for undergraduate *History and Systems* (FA 2024, FA 2025, SP 2026).
- Instructor of record for undergraduate *Social Psychology* (SP 2024, SP 2025).
- Instructor of record for *Series on Psychotherapy Theory, Research, and Practice* (SP 2023). Focused instruction on Cognitive Processing Therapy.
- Prepare course schedules and create individual assignments.
- Facilitate class discussion.

Lotus Counseling & Psychological Services, LLC, Flower Mound, TX

09/2021 - Present *Therapist*

- Provide short- and long-term individual counseling for older adolescents and adults in English and Spanish.
- Provide clinical supervision to Masters- and Doctoral-level practicum students.

Texas Woman's University, Denton, TX

09/2022 - 05/2023 *Adjunct Faculty*

- Instructor of record for *Advanced Psychopathology* (Spring 2023).
- Instructor of record for *Psychology of Violence, Trauma, & Abuse* (Fall 2022).
- Prepared course schedules and created individual assignments for two telehealth courses.

06/2022 - 08/2022 *Practicum Instructor*

- Provided clinical supervision to Masters-level practicum students.
- Facilitated class discussion.
- Presented on various therapy-related topics.

Denton County Friends of the Family, Corinth, TX

05/2016 - 11/2021 *Post-Doctoral Bilingual Counselor*

08/2015 - 05/2016; *Bilingual Counselor*

06/2013 - 07/2014

01/2011 - 05/2013

Practicum and Supervised Field Work

- Provided short- and long-term individual counseling for adult survivors of relationship violence and sexual abuse in English and Spanish.
- Facilitated process and psychoeducational groups for adult survivors of relationship violence and sexual abuse in English and Spanish.
- Conducted intake interviews in English and Spanish.
- Provided crisis intervention and safety-planning services.
- Translated parent consultations for children and adolescent counselors.
- Consulted with legal advocates and attorneys about clients' legal needs and concerns.
- Consulted with community agencies on client eligibility for community and government resources.
- Provided clinical supervision to Masters- and Doctoral-level practicum students.
- Attended trauma-informed training on working with members of various diverse populations who have experienced sexual abuse and/or relationship violence.
- Facilitated a Parent Orientation class for Spanish-speaking clients seeking counseling services for their children.

Texas Woman's University, Denton, TX

08/2008 - 06/2013

Graduate Assistant for the School of Management

- Facilitated "Management of Operations," an online EMBA course. Four sections of the course were offered every academic semester.
- Facilitated communications between students and course professors.
- Communicated with students and answered assignment questions and concerns.

LICENSURE AND CERTIFICATIONS

- Licensed Psychologist (TX 38796)
- FarmResponse Certified

ADDITIONAL SUPERVISED CLINICAL EXPERIENCE

Federal Medical Center: Carswell, Fort Worth, TX

10/2012 - 06/2013

Assessment Practicum

- Conducted assessment batteries for a female inmate population.
- Facilitated eight psychology seminars on topics such as stress management, coping with change, coping with grief, adjusting to prison, anger management, and improving communication.

- Facilitated Trauma in Life Workshops for the Resolve Trauma program. The Resolve Trauma Program is designed to help inmates, who have experienced traumatic life events, identify the consequences of abuse and trauma.
- Facilitated a 12-hour Drug Education group.
- Conducted intake interviews, forensic interviews, and interpretation in Spanish.
- Provided brief individual counseling.
- Facilitated mindfulness and progressive relaxation exercises for individual clients.

Texas Woman's University Counseling Center, Denton, TX

08/2009 – 05/2010 *Practicum*

- Provided individual counseling to a diverse student population using a 12-session format.
- Referred interested clients for vocational assessments.
- Worked with clients with diverse presenting concerns, such as relationship struggles, relationship violence, childhood sexual abuse, sexual identity, grief/loss, depression, adjustment concerns, anxiety, academic difficulties, and family of origin issues.
- Provided feedback to peers during clinical group supervision.
- Attended weekly professional development trainings on topics including, using emotion in therapy, self-injury and suicidal behavior, couples counseling, working with student veterans, and working with clients with eating disorders.

PRESENTATIONS

04/2025	Presentation <i>Culture in Mind</i> . Panelist for UNT Active Minds student organization event at the University of North Texas.
02/2024	Presentation <i>Navigating Stress and Increasing Emotional Wellbeing</i> . Virtual lecture presented to members of the Professional Faculty Resource Group at the University of North Texas.
12/2022	Continuing Education Training Presented information on vicarious trauma at Lotus Counseling & Psychological Services, LLC.
04/2022	Guest Lecture <i>Identificando el Acoso Sexual</i> . Virtual lecture presented to Spanish-speaking parents for Proyecto Pa'lante. Coordinated by Emarely Rosa-Dávila, Ph.D., MSW.
01/2022	Guest Lecture <i>Resiliencia en la Comunidad</i> . Virtual lecture presented to Spanish-speaking parents for Proyecto Pa'lante. Coordinated by Emarely Rosa-Dávila, Ph.D., MSW.
07/2021	Guest Lecture <i>Las Relaciones Saludables Apoyan el Liderazgo</i> . Virtual lecture presented to Spanish-speaking parents for Proyecto MADRES. Coordinated by Emarely Rosa-Dávila, Ph.D.,

MSW.

04/2012

Panel Presentation

Presented information on same-sex relationship violence at the Advanced Ally Training at the University of North Texas. Representing Denton County Friends of the Family.

03/2010

Poster Presentation

Content Analysis of GLBT Issues in MFT Journals: An Update. Poster presented at the Texas Association for Marriage and Family Therapy annual convention, San Antonio, TX. Presented with Sally Stabb, Ph.D.

CONFERENCES ATTENDED

06/2017

National Sexual Assault Conference: From Courageous Conversations to Critical Action, Dallas, TX

10/2016

10th Annual Latinos Against Domestic Violence Conference, Dallas, TX

04/2016

11th Annual Conference on Crimes Against Women, Dallas, TX

04/2014

9th Annual Conference on Crimes Against Women, Dallas, TX

08/2010

118th Annual American Psychological Association Convention, San Diego, CA

03/2010

Texas Association for Marriage and Family Therapy Annual Conference, San Antonio, TX

ADDITIONAL TRAININGS AND SEMINARS

04/2020 - 04/2025

Continuing Education

- *Autism Diagnostic Observation Schedule – Second Edition (ADOS-2) Introductory Training*
UNT Center for Psychosocial Health Disparities
- *Crisis Response Planning for Suicide Prevention*
University of North Texas Health Science Center, STRONG STAR Training Initiative
- *Improving Clinical Competencies in Providing Whole-Person Care for Muslim Patients*
STRONG STAR Training Initiative
- *The Potential of Cannabinoids for the Treatment of PTSD*
STRONG STAR Training Initiative
- *Assessment of Trauma and PTSD & Ethical Engagement with Clients Webinar*

University of North Texas Health Science Center, STRONG STAR Training Initiative

- *Applying Cognitive Behavioral Principles to Promote Trauma Recovery for Transgender and Nonbinary Individuals*
STRONG STAR Training Initiative
- *Addressing Racial Trauma Through Cognitive Processing Therapy and Prolonged Exposure Therapy*
STRONG STAR Training Initiative
- *Race, Power, and Privilege: Addressing Cross Cultural Dynamics in Supervision*
Live Online Webinar Presented by Ebony White, PhD, LPC, NCC, ACS
- *Fostering Counselor Development Utilizing a Social Justice Lens in Supervision*
Live Online Webinar Presented by Candice Crawford, Ph.D., LMHC
- *Resilience for Trauma Responders: Protecting Ourselves From Secondary Traumatic Stress*
Live Online Webinar Presented by American Psychological Association
- *Telepsychology Best Practices 101*
Presented by the American Psychological Association
- *When Grief Goes Viral: Psychological Assessment and Intervention in the Corona Crisis*
Live Online Webinar Presented by American Psychological Association

02/2012 - 12/2017 **Denton County Friends of the Family, Corinth, TX**

- *Cognitive Processing Therapy*
Deborah Shields, LPC, and Becka Meier, LPC-Supervisor
- Diversity training with a focus on cultural and economic diversity, and increasing awareness, understanding, and inclusion of all gender and sexual identities.
Dr. Carmen Cruz and Kathleen Hobson
- *Mini-Conference: Sexual Assault in Marginalized Communities*
- *Mini-Conference: Trauma-Informed Care*
- *Mini-Conference: New Directions in Working with Youth Survivors of Sexual Assault*
- *Mini-Conference: New Directions and Challenges in Working with Sexual Assault Victims in a Technological Age*
- *Advocacy training on Violence Against Women Act (VAWA) programs*
Araceli Botello, Proyecto Seguro Coordinator

- *“What’s Love Got to Do With It: Examining Domestic Violence in the African American Community”*
Texas Woman’s University panel discussion presented by Project REV

08/2014 - 10/2014 **Bowling Green State University, Bowling Green, OH**

- “Safe Zone” Training
LGBT Resource Center
- “Start the Conversation – Suicide Awareness”
BSGU Counseling Center and the Humanities Troupe
- “iStand” Advocacy Training
BGSU Division of Student Affairs

10/2011 - 06/2013 **Fort Worth Area Psychological Association, Fort Worth, TX**

- *Current Perspectives on Treating PTSD in Veterans*
Drs. Duane Purcell, Tara Saia-Lewis, Jan Bennett, and Daphne Fatter
- *The Narcissism of Kings: Nero, Henry VIII, and Napoleon*
Tracy Underwood, Ph.D.
- *Psychodynamic Psychotherapy: Therapeutic Technique, Theory and Application in Individual and Couples Therapy*
Gayle E. Marshall, LCSW and Thomas M. Murphy, M.D.
- *Working with Winners Who Want More: A Performance Enhancement Coaching Model*
John Sowada, M.A.

11/2012 **Federal Medical Center: Carswell, Fort Worth, TX**

- *Eating Disorders - Continuing Education Seminar*
Lucy T. Smith, Ph.D.

04/2008 - 03/2009 **Texas Woman’s University, Denton, TX**

- *Men, Women, Sex, and Violence: A Multimedia Presentation*
Jackson Katz
- *The Neurobiology of Artistic Thought and Research*
Dennis Dake, Ph.D.

01/2006 - 08/2006 **Texas Christian University, Fort Worth, TX**

- *Nonviolent Crisis Intervention*
Karyn Purvis, Ph.D.

- *Applied Suicide Intervention Skills Training*

04/2006 - 07/2006 **Cross Country Education, Waco and Dallas, TX**

- *Crisis Debriefing for Youth and Adults*
- *Effects of Sexual Abuse on Adults and Adolescents*

Fall 2006 **The Woman's Center of Tarrant County, Fort Worth, TX**

- *Sexual Assault Advocate Training*

MEMBERSHIPS AND HONORS

2007 - Present **American Psychological Association**

2016 - 2017 **Latinos Against Domestic Violence, Dallas, TX**
Member, President (2017)

2012 - 2016 **Texas Psychological Association**
Student Member

2011 - 2016 **Fort Worth Area Psychological Association, Fort Worth, TX**
Student Member, Student Representative (2011 - 2012)

2012 **The National Society of Leadership and Success, Texas Woman's University, Denton, TX**

2007 **Phi Beta Kappa, Texas Christian University, Fort Worth, TX**

2003 - 2007 **Chancellor's Leadership Program, Texas Christian University, Fort Worth, TX**

2006 **Mortar Board, Texas Christian University, Fort Worth, TX**

ADDITIONAL SERVICE ACTIVITIES

08/2024 -present **Hispanic Women's Network of Texas - Fort Worth Chapter, Fort Worth, TX**
Board Member, Scholarship Co-Chair, Scholarship Chair
2023 - Present Member, Latinas in Progress (LIP) Mentor

2010 - 2025 **Victory Over Violence Walk/Run, Fort Worth, TX**
Participant, Benefiting the Women's Center of Tarrant County

2007 - 2025 **Cowtown Marathon, Fort Worth, TX**
5K and 10K Participant